



GYMNASTICS

By *Tommy*

**PEAKING AT
PROMISE**

**BREAKING
THE HOLD**

1988-1989 Phyllis Kipp

**CALCULATED
GAINS**

Sabrina Mar Shares
Bronze At McDonald's
Challenge: USA/USSR

**NCAA
CHAMPIONSHIPS**

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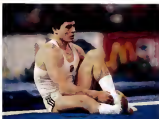
USA GYMNASTICS

May/June 1988

Volume 17, No. 3

On The Cover: Calculated Gains

The United States went into the McDonald's Challenge: USA/USSR with a very relaxed attitude. Sabrina Mar (on the cover) was able to hit all of her routines to tie for a bronze medal. Even though both U.S. squads lost, there were some gains made. (USGF photos © 1988, by Dave Block)



Dmitri Beloruchen pulled himself up by the bootstraps after he suffered a fall off pommel horse.

Page 24

Breaking The Hold

Diane Simpson was able to break Marina Kuzmedy's dominant hold on the Rhythmic Championships of the USA. Both battled to the last event with Simpson escaping with the gold by 30 over her rival.

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NCAA Championships Page 18

Nebraska's Combsmakers pleased the home crowd by taking the men's NCAA title while Alabama's Crimson Tide rolled to its first women's NCAA crown.

Confessions Of Gymnastics Father Page 34

Richard Young takes a comical look into the life of a gymnastics father in his fictional piece.

Peaking At Promise Page 38

The first Junior Pacific Alliance meet proved to be a valuable experience for the competitors from 10 nations.

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Publisher
Billie Jack

Editor
Michael C. Bottiger

which allows for a reasonable, systematic process for change. Simply fighting the rules and not following them is both wrong and sends the wrong message to the youth who are participating in sport for all its benefits, including learning and understanding discipline.

Rules, laws, regulations and many other such "instructions" are the foundations of our daily existence. Granted, rules are not written for any one particular individual, but are created, as equally as possible to apply to all, from the general population to the professional members of the USGF. In any case there is a moral, ethical and professional code of conduct that asks all of us to work within the guidelines of our structure. It also assumes that each and every one of us will be required to make some concessions. But, in doing so, we support the entire structure and add significantly to its value and potential for success. It allows us to focus on meaningful goals and objectives and it increases our productivity. It gives us direction and guides our efforts. It also allows for the proper way to influence change based on real experiences and actual needs of athletes, coaches and clubs.

Cooperation, patience, understanding and concern for community all play an important role in participating as a member of any group or organization. The membership of our sport represents a small part of society all working together for the betterment of the total program. Each individual's actions impact the whole. Let's make sure that we always carefully consider our conduct since it reflects our athletes, our sport and our professional associations. Membership has its privileges, but it's also a privilege to be a member!

Publisher
Mike Jacki

Editor
Michael G. Botkin

Consulting Editor
Rich Kenney

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UNITED STATES GOVERNMENT PROCUREMENT

REVIEW OF DISPOSITION

Argentine **Enrique** **Alfaro** **1854-1905** Argentine revolutionary leader. Under his leadership, Argentina won independence from Spain. Under his leadership, Argentina won independence from Spain. Under his leadership, Argentina won independence from Spain.

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James A. Thompson, Ed. D.
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Journal of Management Inquiry

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1988 USGF Congress— Facts at a Glance

Date: October 12-16, 1988

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When making reservations, ask for 1988 USGF Congress special rates.

Sufficient rooms are reserved for Congress up to September 11, 1988.

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Travel: The official airline of this year's Congress is American Airlines. They are offering five percent off any Super Saver Fares or 45 percent off Coach. Call toll-free, 1-800-433-1790. Ask for the USGF's S.T.A.R. account #68815.

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Course Director: Dr. Gerald George -

319-868-1220

Local Contact: Bruno Klum - 717-629-0244

This course will be conducted concurrent with the 1988 USGF International Coaching Summit. Send registrations to the USGF address listed below.

Saturday, July 9, 1988

Houston, Texas - 9:00am-5:00pm

Shouffers Greenway Plaza Hotel

6 Greenway Plaza East

Houston, TX 77046

713-629-1200

This course will be carried out concurrent with the 1988 USGF/McDonald's US Gymnastics Championships by several USGF National Certifiers. Send registrations to the USGF address listed below.

Thursday, July 14, 1988

Virginia Beach, Virginia - 2:00-6:00pm

Pavilion Towers - 803-468-2224

Course Director: Cathy Fiskel - 301-863-4534

Course Contact: Gen Johnston - 301-708-5228

This course will be conducted concurrent with the Region VII Min Congress/NACWJ Regional Symposium.

Sunday, July 17, 1988

Harrisonburg, Virginia - 1:00-6:00pm

Jones Madison University

Goodwin Hall, Room 106

Jones Madison University

Harrisonburg, VA 22807

Course Director: Scott Gauthier - 703-668-3684

Sunday, September 11, 1988

St. Louis, Missouri - 12:00n-7:00pm

Double Tree Hotel

16635 Swingle Bridge

St. Louis, MO

Course Director: Ray Overman - 314-659-1179

Local Contact: Tom Weber - 314-659-1179

This course will be conducted in conjunction with the Mid West Coaches Conference.

Thursday, October 13 & Sunday, October 16,

Anaheim, California

Anaheim Hilton and Towers

777 Convention Way

Anaheim, CA 92802-3487

714-750-4331

These courses will be conducted by several USGF National Certifiers during the USGF National Congress. Please send registrations to USGF Department of Safety
Pan American Plaza Suite 300
201 South Capitol
Indianapolis, Indiana 46225
317-337-6050

Dates, Times and Locations will all be listed in **USA GYMNASTICS** and **USGF TECHNIQUE**. They can also be checked by calling the USGF Department of Safety and Education at (317) 237-5050.

Thanks Devoted Teachers

Dear Editor,

The note goes to a group of devoted teachers. I am a Class III compulsory gymnast in fifth grade from "Wilsons Gymnastics Centre" in Lorton, OK.

I just started competing in November of 1987. Since then, in every meet, I have gotten a ribbon on floor, including first place, and I never would have done it without Mr and Mrs Wilson and Terry.

They're the ones who pressure, tempt, and yell at me. Take my favorite coach — Terry Wilson. She pressures me, and makes me do it right. And Mrs. Wilson, she makes deals with you, really, when you're very close to doing you do it, Mr Wilson, he has a sense of humor, and he is serious. But, he tempts you by taking you to Bruno's Ice Creamery if you stick to him a treat.

But it doesn't matter what they do, I'll still congratulate them for making "this one" the best team they'll ever have.

Sincerely,
Fry Medina
Lorton, OK

Knowing Why

Dear Editor,

I'm a class II gymnast that attends Omega School of Gymnastics in Papillion, Nebraska. I loved your article on "When You Ask, Why" (January/February 1988). I've asked myself that question before and I think I now know why I'm so dedicated. It really does feel great when you accomplish something in anything you do.

Self Tumbling Hard,

Colleen S. O'Bryen, 13
Bellevue, NE

A Heavy Subject

Dear Editor,

My name is Christie Finn and I am a Class III optional gymnast at J-Town Gym Club. Even though I work out 15 hours a week, I'm starting to gain weight here and there. My coach and parents are stressing I eat more nutritional foods, but I was expecting a little more advice.

Then, I read your article "Nutrition For the Gymnast" (January/February 1988) and it helped me understand more of what I needed to do to accomplish my goal. Thanks for the great article and I hope to see more helpful articles in the future.

Sincerely,
Christie Finn, 14
Lombard, IL

Inquiry On Injuries

Dear Editor,

As a former critical care nurse, I admire Darren Hanna's courage and persistence (January/February 1988). As the parent of a 12-year-old gymnast, I question your editorial wisdom in placing this article in your magazine. From what I know about USAG membership, I would imagine your readers to be young, highly impressionable amateur athletes. These youngsters are working on perfecting difficult, sometimes grueling, physical skills. They need emotional as well as physical support in developing their gymnastics skills.

12-year-olds lack adult critical thinking and are easily influenced. They generally do not read between the lines of an article such as this one. They react emotionally and often without information. This type of article, though well intentioned, with its ambiguous explanation of the actual accident can undermine years of careful coaching and confidence-building.

Bravo To Backers

Dear Editor,

We have seven coaches at our gym and they always back us up and push us to do our best. They are most outstanding at backing people up when it comes to meets. I am very grateful to have coaches as good as them.

I have two friends named Christy and they are both very dedicated gymnasts. Christy Feltner is the best girl on our Class IV team and Christy Seccombe is always telling me how good I am. I am glad to have two friends like them.

Sincerely,
Cheryl Nagle, Scotts Gym
St. Louis, MO

I don't wish to minimize the courageous accomplishments and vision of Darren Hanna. I understand fully his points about safety and available information on gymnastic accidents. "...you never hear about the real serious ones." That may be true, perhaps it should be true. If I were a coach of 12-year-olds, or even 19-year-olds, I would want them to visualize perfect routines as part of my careful and safe coaching.

If young gymnasts read frightening articles like this one, that vision of perfection may quickly be overshadowed with one of wheelchair and stryker frames. Information on accidents should be given to children but it should be done within a context where they can ask questions and get answers, not in an ambiguous magazine article. One must consider the audience and its preparedness.

It is not a question of censorship, the source here are those of wisdom and training. Please, let's have an upbeat issue next time, not one devoted to life threatening injuries.

Sincerely,
Sharon D'Anna
Baltimore, MD

USGF ANNOUNCES RHYTHMIC GYMNASTICS COMPULSORY CLINICS

FOR NEW 1988-1992 COMPULSORY ROUTINES

The NEW RSG compulsory exercises—(CLASS IV, III, II), to be taught this summer throughout the country, is a perfect opportunity for new teachers, coaches and judges to become involved with the U.S. Rhythmic Gymnastics program.

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Contact clinic coordinator or USGF office (317) 237-9030 for registration costs and housing information. Each adult participant will be entitled to bring a limited number of gymnasts. Compulsory materials (video, text, music) and rhythmic equipment will be available for sale at each clinic site.

REGION I (AZ, CA, NV, UT)

AUGUST 11-14, Los Angeles, CA
Los Angeles School of Gymnastics
Alla Swinsky (213) 204-1980

and

AUGUST 5-7, San Rafael, CA
Gymnos USA
Pauline David (415) 485-4271

REGION II (AK, HI, ID, MT, OR, WA)

AUGUST 19-21, Aloha, OR
Oregon Rhythmic Academy
Janell Gossett (503) 444-8800

REGION III (AR, CO, KA, NM, OK, TX, WY)

JULY 22-24, Oklahoma City, OK
Oklahoma Gymnastics Training Center
Kelli Byrd (405) 348-9963

REGION IV (IA, MN, MO, NE, ND, SD, WI)

JULY 15-17, Cedarburg, WI
Northshore Academy of Gymnastics
Debbie Grainger (414) 375-0430

REGION V (IL, IN, KY, MI, OH)

JULY 21-24, Lhronka, MI
Livonia YMCA
Mary Panackia (313) 474-0689

and

JULY 28-31, Anderson, IN
Candalls Phys. Arts Center
Karen Monland (317) 778-2569

REGION VI (CT, ME, MA, NH, RI, VT)

DATE: TBA
SITE: TBA
Barbara Hadon (516) 775-2628

REGION VII (DE, MD, NJ, PA, VA, WV)

DATE: TBD Norfolk, VA
Jewish Community Center
Cathy Harrelson (804) 498-8751

REGION VIII (FL, GA, LA, MS, NC, SC, TN)

JULY 28-31, Marietta, GA
Chattanooga Gymnastic Center
Cindy Stone (404) 924-2838

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REGIONAL R O U N D U P

Ricky Smith

Mesa, Arizona



Rick Allen Smith, Ricky to those who know him, is 10 years old and in the fourth grade at Lowell Elementary School. Although he has been involved in gymnastics only for one and one-half years, Smith is making great strides in the sport.

"He's just a great kid and a very fast learner," said his coach Lyle Guthrie, owner and head coach at Arizona Boys' Gymnastics Academy. Recently in the Arizona Aerials Spring Classic, Smith won the all-around (55.90) and five of the six events, placing second in vault. His best events were floor (9.40), rings (9.60) and parallel bars (9.70).

When Smith leaves school at 3:30 p.m., he briefly stops by his home, then on to the gym where he arrives one hour early for extra practice and stays two hours late. He has advanced quickly from beginner to pre-team to Class IV.

He has four older brothers and four younger sisters. Smith is a straight A student whose hobbies include practicing piano, writing in his journal and reading scriptures. "He has a terrific attitude about life and challenges and definitely loves gymnastics," said Guthrie.



Leslie Eugene "Magic" Moore

December 25, 1957 —

February 1, 1988

University of Gymnastics
Plano, Texas

Former team member of the 1977 and 1978 National Championship teams and three time All-American at the University of Oklahoma, Les "Magic" Moore was coaching at the University of Gymnastics in Plano, Texas until his death February 1, 1988.

As a gymnast he earned the nickname "Magic" from his inimitable Greg Baich (currently men's head coach at the University of Oklahoma) because he tumbled two feet higher than anyone else, back in the days before there were spring floors. As a coach, he was admired and loved by his team as well as those he came in contact with at meets and camps everywhere. He loved gymnastics and he was known for his professionalism as an athlete, coach and person. He will be missed by all that knew him.

Katie Clancy

Arizona Spinettis
Phoenix, Arizona



Katie Clancy, 14, is an extremely diligent worker and it shows. In 1987 at the Advanced General State Meet, Clancy took first in vault, beam, floor and all-around.

In the gym, Clancy maximizes her time and workouts to the fullest. She always maintains a cheerful and positive attitude. Her dedication and drive has made her a leader and a great inspiration to the whole Spinettis team.

A freshman at Xavier High, she is a straight A student. She is now looking forward to competing her first year as a Class I.

REGIONAL ROUNDUP

Erica "Rikki" Collins

Wooden Center
Los Angeles, California

Erica Collins, who likes to be called Rikki, is 14 years old and training at the Wooden Center. She began gymnastics in February 1985 and in June of that same year made the team and began competing. In September, Collins made the Class III District Championships at Elgin Gymnastics in Anaheim. In 1986 she made the state championships at the YMCA Redlands where she scored 37.65 all-around.

She's in the eighth grade at Emerson Junior High and plays the viola in the school band. She also likes to ice skate. She is currently training Class I junior.



Megan Murphy

Rose Gymnastics Academy
Redding, CA



The Rose Gymnastics Academy of Redding, California, traveled to Phoenix, Arizona for the Class II, Region I Championships. The competition was held April 23 and 24 and was hosted by the Saragosa of Arizona.

Forty-four clubs from Northern California, Southern California, Nevada, Arizona and Utah were represented with 325 gymnasts competing for regional honors.

Rose gymnast, Megan Murphy, was in 1st place after compilescores. After options, the 10 year old gymnast took the 3rd all-around in the children's division with a combined C&O score of 79.65. She placed 2nd in floor exercise, 3rd in balance beam and 4th in the uneven bars.

All participants in the regional competition received tickets to attend the McDonald's Challenge—USA VS USSR held April 23 at the Phoenix Coliseum.

After the Judges Cup Invitational and the California State Games Megan will train for Class I competition.

If there is a gymnast, coach or booster club that you would like to see get some attention, send your letters to: Regional Roundup, Pan American Plaza, Suite 300, 201 South Capitol Ave., Indianapolis, Indiana 46225 or call (817) 237-3050 and let us know. Thank you.

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BREAK- ING THE HOLD

By Mike Dotkin

When it came to national championships and Diane Simpson, the two never mixed. For the past three years the 19-year-old has finished in the top three (one third and two second place finishes), but always behind champion Marina Kunyavsky. In the 1988 Rhythmic National Championships, presented by Konica, Simpson overcame her stigma to take the all-around title and all four event titles, narrowly defeating arch-rival Kunyavsky by .10 in the process.



A determined Diane Simpson finally broke the hold Marina Kunyavsky had to win her first national championship. (USOGF photo © 1988, by Rick Kinnery)

It was a classic confrontation between two of the nation's best rhythmic gymnasts in a competition which featured a level of competitiveness never before displayed in this country. Simpson led off every event between the duo and after each poignant routine Kuryavsky answered every challenge.

Simpson's determinative thrust came with her clubs routine. Tied going into the final rotation, Simpson performed the same expressive routine as in past events with one difference — she didn't drop her apparatus. Dropping clubs led to three second place finishes in 1987 at the National Championships, U.S. Olympic Festival and Pan American Games.

With her triumphant final pose and a gesture which rivaled Brian Boitano's after he won the Olympic gold medal in skating, Simpson's affliction was clearly behind her as she clasp her hands, gazed at the ceiling, then prepared for her score. Her 9.90 prize, the highest mark of the meet, really applied the pressure to the awe-inspiring Kuryavsky waiting in the wings.

"I was so confident, I wasn't going to let anything get in my way," said Simpson. "I felt like him (Boitano) after I hit my clubs routine. I really wanted this one."

Through the years Kuryavsky has been the steadiest competitor the United States has fielded. Her biggest mistake since the 1984 Olympic Trials was made at those Trials when her ribbon separated from its stem forcing her to prematurely end her routine. Even though it was not her fault, that resulted in her largest deduction, lowest score and lowest national finish, fourth.



Despite a brilliant performance, Marina Kuryavsky couldn't hold on for her fourth national title. (USGF photo © 1988, by Mike Balkan)

"I thought this was my best performance ever," said the deposed champion Kuryavsky.

But there were to be no flaws in her final routine with the ribbon. Trying to respond to the almost impossible task of bettering a 9.90, Kuryavsky who would celebrate her 23rd birthday the next day, was as expressive and flowing as ever. The ensuing 9.80 score was good, but not good enough

to catch Simpson who ended Kuryavsky's string of championships at three.

"I thought this was my best performance ever," said the deposed champion. "My clubs routine, which is my favorite event, was a 9.90 or 9.85 (she received a 9.80). I felt a little cheated by the judging, but that's the way it

goes. I know how I did and that's what's important to me."

Michelle Berube won out the battle for the bronze medal over some very close competition from Alexandra (Shura) Feldman and Eugenia Yuan. When Berube, now a member of Irina Videanu's Brass Rhythmic team, decided to make a comeback in 1987 there was much work to be done. It appears from her showing at the Marin County High School, the 1984 Olympic veteran has made great strides.

Her routines had the judges and spectators gasping at the extension on her split leaps and ease at which they were performed. She was leaner and stronger than she was during the 1984 Games which has enabled this 22-year-old to improve her difficulty and range on the floor.

"I was actually looking at third place coming into this competition but was a little nervous after the first day," said Berube who found herself in sixth position at the end of the first day. "The second day I just wanted to come out and get going. I kept asking myself 'what's wrong, get your act together'."

Her act certainly got together on her ribbon and clubs routine as she scored a 9.80 for her stirring ribbon routine. She clinched the bronze with a good clubs routine which scored 9.65. "My clubs routine was perfect except for those two little drops," said Berube adding, "and I think the judges saw that. I think they (the judges) only took 35-off for them."

Consistency was the key for Feldman whose hoop routine contained some nifty foot work and fair tosses. For her routine she scored a 9.60. She was so

consistent she scored two 9.60s and two 9.50s.

A rhythmic gymnast to keep an eye on is Yuan. Displaying great potential, this 17 year old gave the judges an eye full with her grace and beauty on the floor. Improving her positioning from 1997 by one, her fifth place finish gave her team, the L.A. Lights, three of the top five spots. Her best performance came with the hoop as she skillfully executed this 9.65 routine with tight precision.

One of the aspects Coach Alla Sharsky is noted for is the consistency at which her competitors perform. Irina Bibrashtova is no exception. She placed sixth with a low of 9.40 on rope and hoop and a high of 9.60 for ribbon. Her clubs routine was in between at 9.45.



If Michelle Berube's performance is any indication, her comeback is almost complete. Her ribbon routine propelled her to third place. (USGF photo © 1998)

When Deann Lister first unveiled what has become her trademark, it brought out some of her previously hidden style and personality. Now the "Laster stare" has become an expected part of her routines. In third place after the first day, Lister



Jennifer Lovell was the all-around and every event in the junior competition. (USGF photo © 1998, by Mike Berklin)

quickly took herself out of medal contention with during her ribbon routine. Control problems hampered her high energy routine which resulted in a 9.50 score. To her credit, she did recover to come back and score a 9.60 for her final clubs routine to grab seventh place.

The top eight gymnasts from the championships will participate in the Olympic Trials in Salt Lake City, Utah July 29 and 30. Laura David of Gymsno, USA slipped into the eighth spot with a ribbon routine which scored a 9.40.

EVENT FINALS

Simpson took over where she left off after her all-around title grabbing sole possession of two individual events (rope and clubs) and partial ownership of the other two with Kuryavsky (hoop and ribbon) and Berube (ribbon).

It became evident early in the final competition this was going to be her day also.

The air of confidence she carries with her onto the competition floor gives her difficult routines a boost. "I wasn't nervous at all today I was very confident and it really showed," said Simpson.

As well as Simpson performed, Kuryavsky was just as effective. During the 1997 Championships, Kuryavsky unveiled expression that was missing in her technically well executed routines. "This year, back was her chestnut cut grins and a host of others which really set the mood of her routines and really added another dimension to her performances."

She came into this championships knowing this would be her last year as a competitor. "I am going to retire after this year," she said. "I want to continue my studies and become a coach."

Lister gazed into the judges' eyes for a bronze medal in all events but ribbon. She shared a bronze with Yuan in the hoop.

JUNIOR COMPETITION

As Simpson was to the senior division, Jennifer Lovell of the Miami Twister was to the junior division. Lovell used an incredible hoop routine scoring an unheard of 9.60 for a junior to win the all-around title while sweeping all four individual events.

She had good routines in rope (9.10) and ribbon (9.35) while struggling with ball (8.70) en route to her title. She was pushed, but not challenged by Frances Abbatello of the West Coast Waves who finished 1.30 behind Lovell. Kriel Ali of Allie Stars and Jennifer Hase of the L.A. Lights tied for the bronze all-around medal.

Ali came through in the individual event finals with two silver medals (ball and ribbon) and one bronze (rope). Abbatello won two silver medals, one outright in rope and one shared with Hase and also shared a bronze medal in ball with Casey Wurlson of the Illinois Rhythmicists. ★

No Time For Rest

By Mike Dotkin

The Golden Gate Bridge spans the bay just a few miles away but it could have been a thousand. But traveling over the red faced tribute to engineering on her way to the 1988 Rhythmic National Championships in Kentfield, California, Diane Simpson knew this would be a special year. She knew that the Golden Gate would be opening up for her.

When Simpson walked into her first national competition as a 14 year old junior in 1983, odds-makers would have given her much of a future in rhythmic gymnastics. With a 27.75 all-around score (her high was a 7.00 in ball) and a 29th place finish, she and her mate coach Inna Vidovets

made the short trip from Downers Grove to Chicago, Illinois with some major work ahead of them.

The hard work continued until there were just two major stumbling blocks bethalling her consistency and Marina Kuryensky. In 1985 and '86, the rivalry came down to Simpson missing a routine and her counterpart hitting and winning the national title. In fact, prior to this year Kuryensky had won the title three consecutive years.

Run through the determination of her coach, the athleticism of Simpson and with the support of her family, she finally came through and overcame Kuryensky's powerful hold on the nation-

al championship. "I am so excited," said Simpson. "I've accomplished one of my goals. I'm glad to have that behind me now."

"This was a very big victory for Diane," said her father John. "She was about Marina would retire and she wouldn't have another chance to defeat her. It was great that both athletes performed to their full potential. This is just the way she saw it happening."

Throughout the whole competition, Vidovets was walking around the Marin County High School like she had just stolen the head out of the burkeage. "I know Diane was going to win because she was so prepared — over prepared. I couldn't

see her falling apart. We worked very hard. As our practice, everyone went 100 percent all the time. I only wish there were 48 hours in a day so we could work even harder."

There was the same confidence in Simpson as was evident in her coach who flat out said, "She deserved to win. It was no gift. Marina did a very good job. No one made a mistake." Simpson agreed "I deserved it," she said adding, "we worked very hard."

Just as rust never sleeps, the work can never stop. Not for Simpson, not for any of the United States team. "Now is no time to relax," said Vidovets. "We have to work even harder."



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All-Around Standings

		ROPE	HOOP	HOOPS	CLUBS	A.A.
1	86 – DIANE SIMPSON ILLINOIS RHYTHMICS	9.70	9.75	9.80	9.80	39.15
2	77 – MARINA KUNYWSKY LA LIGHTS	9.65	9.80	9.80	9.80	39.05
3	53 – MICHELLE BERUBE ILLINOIS RHYTHMICS	9.65	9.60	9.80	9.65	38.50
4	62 – ALEXANDRA FELDMAN LA LIGHTS	9.50	9.60	9.60	9.50	38.20
5	82 – EUGENIA YUAN LA LIGHTS	9.45	9.65	9.60	9.45	38.05
6	84 – IRINA RUHNSHTEIN LA LIGHTS	9.40	9.40	9.60	9.45	37.85
7	76 – DACON LISTER ILLINOIS RHYTHMICS	9.40	9.70	8.90	9.40	37.70
8	90 – LAURA DAVID GYMNOS, USA	9.20	9.30	9.40	9.25	37.15
9	66 – WENDY HILLIARD ALT'S STARS	9.25	9.35	9.35	9.25	37.10

Senior Rope Finals

Place	Name	Profiled Score	Score	Total
1	DIANE SIMPSON	9.70	9.80	19.50
2	MARINA KUNYWSKY	9.65	9.70	19.35
3	DACON LISTER	9.50	9.65	19.15
4	ALEXANDRA FELDMAN	9.50	9.60	19.10

Senior Hoop Finals

Place	Name	Profiled Score	Score	Total
1	MARINA KUNYWSKY	9.80	9.80	19.60
1	DIANE SIMPSON	9.75	9.85	19.60
3	DACON LISTER	9.70	9.50	19.20
3	EUGENIA YUAN	9.65	9.55	19.20

Senior Clubs Finals

Place	Name	Profiled Score	Score	Total
1	DIANE SIMPSON	9.80	9.85	19.75
3	MARINA KUNYWSKY	9.80	9.80	19.60
3	DACON LISTER	9.60	9.65	19.25
4	ALEXANDRA FELDMAN	9.50	9.55	19.05

Senior Ribbon Finals

Place	Name	Profiled Score	Score	Total
1	MICHELLE BERUBE	9.80	9.80	19.60
1	DIANE SIMPSON	9.80	9.80	19.60
1	MARINA KUNYWSKY	9.80	9.80	19.60
4	ALEXANDRA FELDMAN	9.80	9.60	19.20

All-Around Standings

		ROPE	HOOP	HOOPS	BALL	A.A.
1	28 – JENNIFER LOWELL MIAMI TWISTERS	9.10	9.40	9.15	8.70	36.35
2	16 – FRANCA ABBATELLO WEST COAST WAVES	9.00	8.90	9.00	8.75	35.15
3	12 – KRISTL ALT ALT'S STARS	8.70	8.70	8.85	8.65	34.80
3	22 – JENNIFER HAASE LA LIGHTS	8.65	9.00	8.60	8.65	34.80
5	35 – CASEY VANLON ILLINOIS RHYTHMICS	8.45	8.65	8.80	8.65	34.45
6	25 – JENNIFER LEACH UNITED GYMNASTICS ACADEMY	8.15	8.60	8.35	8.40	33.50
7	34 – JULIA ROWELL UNITED GYMNASTICS ACADEMY	8.10	8.80	8.45	8.25	33.40
8	20 – LILY GARCIA WEST COAST WAVES	8.45	8.65	8.45	7.75	33.30
8	32 – LEMONA PORTER ILLINOIS RHYTHMICS	8.30	8.80	8.65	7.75	33.20

Junior Rope Finals

Place	Name	Profiled Score	Score	Total
1	JENNIFER LOWELL	9.10	9.10	18.20
2	FRANCA ABBATELLO	9.00	8.60	17.60
3	KRISTL ALT	8.70	8.90	17.60
4	JENNIFER HAASE	8.65	8.65	17.30

Junior Hoop Finals

Place	Name	Profiled Score	Score	Total
1	JENNIFER LOWELL	9.40	8.70	18.10
2	FRANCA ABBATELLO	8.90	9.10	18.00
2	JENNIFER HAASE	9.00	9.00	18.00
4	KRISTL ALT	8.70	9.00	17.70

Junior Ball Finals

Place	Name	Profiled Score	Score	Total
1	JENNIFER LOWELL	8.70	9.00	17.70
2	KRISTL ALT	8.65	8.80	17.45
3	CASEY VANLON	8.65	8.65	17.30
3	FRANCA ABBATELLO	8.75	8.55	17.30

Junior Ribbon Finals

Place	Name	Profiled Score	Score	Total
1	JENNIFER LOWELL	9.15	9.10	18.25
2	KRISTL ALT	8.85	8.90	17.75
3	CASEY VANLON	8.80	8.65	17.45
4	JENNIFER HAASE	8.60	8.80	17.40

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NCAA CHAMPIONSHIPS

CURTAIN CALL FOR CORNHUSKERS

By Robert Cowan

The NCAA Men's Gymnastics Championships is a drama acted out in four scenes. If you forget your lines anywhere along the way, you are not going to appear in the next scene.

The University of Nebraska acted as host for this year's pageant and it appeared during the first rotation that the team might be watching team finals from the wings rather than in the limelight.

The top 10 teams in the USA competing to qualify into the team finals were Penn State, Illinois, Ohio State, Oklahoma, Stanford, Iowa, Minnesota, UCLA, Houston Baptist and Nebraska. Along with these top 10 were two squads of

individual qualifiers in individual events and all-around.

The format allows for six squads to be on the floor during a rotation while the other six are in the warm-up gym. The pressure is intense and with only three teams advancing to finals on the next day, usually one or two errors can cost you a berth in team finals.

Nebraska started on horizontal bar and had two misses (8.05 and 8.05) immediately along with two

low 6's which left many people wondering if the five-time champions and three-time runners-up would be able to gain back the ground lost. Nebraska's total was 44.60 on that event. In the meantime, Penn State was posting a 47.05 on floor, Stanford went 46.40 on pommel horse, Minnesota scored 46.40 on still rings, UCLA tallied 46.90 on parallel bars.

But, one score does not a play make and one event does not a gymnastics meet make—even in the NCAA's. The quote of the evening was "Nebraska is just not on tonight . . ." and was answered with " . . . at least not yet."

On their next event, floor, the Cornhuskers went 48.15 and then continued through pommel horse (48.30), rings (48.60), vault (47.00) and parallel bars (47.80) for a team total of 285.85 and a 0.15 lead over

Illinois, who was also leading UCLA by 0.45.

Perhaps the most surprised team was Oklahoma which had continually improved all season with the idea of peaking at Nationals and had qualified in very well. Pommel horse and parallel bars proved to be the nemesis of the Sooners as they posted mid-45's on both events to fall to ninth place after a great start on high bar and floor with scores of 47.25 and 47.65, respectively.

More pleasantly surprised were Stanford which finished fourth and received NCAA awards for that fine showing, Iowa and Houston Baptist University (HBU) who were betting for fifth until HBU had injuries on high bar and settled for its highest finish over of sixth place. However, the Huskies of HBU had plenty of fight left for the all-around and individual finals to come.





Tom Schlesinger, couldn't defend his NCAA all-around title but did manage to finish fourth. Schlesinger was awarded the Miron Award as the top male collegiate gymnast. (USGF Photo © 1988, by Dave Black)

Minnesota did very well, improving on last year's finish by two places and ending up in seventh.

In the team finals, the odds-makers were predicting that defending champion UCLA might come through again as they had been fortunate to qualify into the finals considering all the misses they had previously. In fact, many picked anybody but Nebraska to win, but were wrong.

Nebraska started on floor and the first exercise pulled a 9.60 due to a rest drop on a full and a half punch front and touching down on a double back. However, Illinois responded

immediately with its first pommel horse man falling. UCLA was on rings and had great routines throughout. Final results of the first round had Nebraska with 48.35, Illinois at 48.19 and UCLA among 47.40.

Nebraska had two more misses, Illinois had three more and UCLA had only two misses of any consequence all evening. It was a great performance and Nebraska set a NCAA record score of 288.15 to beat Illinois by one point, who in turn beat UCLA by two points.

Act III came with the compulsory competition, which doubled as a qualifying meet for the U.S. National Championships. Tom Schlesinger, defending champion and this year's recipient of the very prestigious NISSEN Award had missed on floor in optional placing him fourth. However, it is possible he could have made up the difference, if he had not missed on compulsory vault and parallel bars. Kevin Davis, who is emerging as one of the finest gymnasts in recent USA history, was in third after optional and again could have made a run for the gold, but missed on vault and parallel bars also cost him the coveted NCAA all-around championship title.

Now, at this point, do not think that the winner and the runner-up did so because of misses by Davis, Schlesinger, Robert Sundstrom and David Zochies. Rather, these two young men who did finish first and second had posted both optional and compulsory scores which were superior to anyone else in the competition.

Miguel Rubio and Alfonso Rodriguez of HBQ finished first and second respectively. In fact, had Rodriguez not been so aggressive in his high bar compulsory (P 24) and

commented the stop errors and dismount form errors, he would have been national champ.

Individual event finals followed showing great difficulty, originality and creativity. Floor was won by Chris Wyatt of Temple, due in part to errors by Chad Fox. Both have incredible difficulty but Fox's full-in punch front brought the

crowd to its feet. Pommel horse was a shared victory with Mark Bohm of Penn State and Rodriguez of HBQ. Kings was won by Paul O'Neill of New Mexico in defense of his title. Vault was won by Fox in a successful attempt to repeat as national champion. Parallel bars was won by Davis in another respect and high bar was won by Jeff Dow of Iowa.*

MEN'S TEAM FINALS

	VT	WB	H	R	PB	BB	TOTAL	
Nebraska	48.35	48.00	48.00	47.50	47.50	48.15	288.15	1
Illinois	47.70	47.50	47.50	47.15	47.15	47.50	281.75	2
UCLA	47.70	47.50	48.00	47.50	47.50	47.50	281.25	3
Stanford	47.50	47.40	48.00	47.15	47.50	47.50	281.05	4
Iowa	47.45	47.15	47.50	47.15	47.50	47.50	280.25	5
Temple Knight	47.15	47.15	47.15	47.15	47.50	47.15	278.75	6
Minnesota	47.00	46.50	47.50	46.50	47.50	47.00	278.00	7
Oklahoma	47.00	46.00	46.75	47.00	47.50	47.00	276.25	8
Oak Park	47.15	46.50	47.15	47.00	47.00	47.00	275.45	9
Penn State	47.00	47.15	47.00	46.50	47.00	47.00	274.65	10

INDIVIDUAL FINALS

	VT	WB	H	R	PB	BB	TOTAL	
Miguel Rubio	9.50	9.15	9.00	9.00	9.00	9.75	66.40	1
Alfonso Rodriguez	9.50	9.00	9.00	9.00	9.00	9.50	66.00	2
William Rodriguez	9.50	9.00	9.00	9.00	9.00	9.00	65.50	3
Kevin Davis	9.50	9.00	9.00	9.00	9.00	9.00	65.50	4
Tom Schlesinger	9.50	9.00	9.00	9.00	9.00	9.00	65.50	5
Rob Rodriguez	9.50	9.00	9.00	9.00	9.00	9.00	65.50	6
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	7
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	8
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	9
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	10
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	11
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	12
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	13
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	14
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	15
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	16
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	17
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	18
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	19
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	20
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	21
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	22
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	23
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	24
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	25
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	26
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	27
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	28
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	29
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	30
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	31
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	32
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	33
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	34
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	35
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	36
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	37
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	38
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	39
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	40
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	41
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	42
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	43
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	44
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	45
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	46
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	47
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	48
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	49
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	50
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	51
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	52
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	53
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	54
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	55
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	56
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	57
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	58
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	59
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	60
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	61
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	62
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	63
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	64
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	65
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	66
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	67
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	68
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	69
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	70
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	71
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	72
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	73
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	74
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	75
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	76
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	77
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	78
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	79
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	80
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	81
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	82
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	83
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	84
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	85
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	86
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	87
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	88
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	89
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	90
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	91
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	92
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	93
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	94
Paul O'Neill	9.50	9.00	9.00	9.00	9.00	9.00	65.50	95
Mark Bohm	9.50	9.00	9.00	9.00	9.00	9.00	65.50	96
David Zochies	9.50	9.00	9.00	9.00	9.00	9.00	65.50	97
Bobby Brown	9.50	9.00	9.00	9.00	9.00	9.00	65.50	98
Chris Wyatt	9.50	9.00	9.00	9.00	9.00	9.00	65.50	99
Jeff Dow	9.50	9.00	9.00	9.00	9.00	9.00	65.50	100

NCAA
CHAMPIONSHIPS

ROLL TIDE

By Liz Abel

The 1988 NCAA Women's Gymnastics Championships saw the Tide roll in and never recede on April 22, in Salt Lake City, Utah. The Alabama Crimson Tide, ranked No. 1 entering the meet, washed away the competition in a fracas where three teams broke a three-year-old NCAA Championship scoring record.

Interestingly enough, before Friday's competition began, skeptics downplayed 'Bama's top seeding. It was the early season — usually a warm up for the "real" competition — that caught the critics' eyes. In the instance was seventh seed UCLA, a team ranked No. 1 by the nation's coaches throughout the regular season, only to experience an upset at the West Regional meet. A team from the early season had never won an NCAA title, but popular con-

sensus indicated this could be the year. And, the Bruins lived up to the experts' billing — scoring a new record 188.80 and putting the cross back to the top six teams.

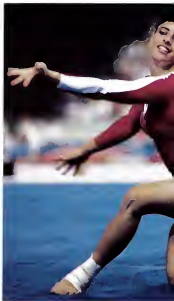
Alabama, which coach Sarah Patterson claimed "didn't have a bad meet all season," continued to ride the crest of its wave in this final test. Faced with the strongest field ever assembled at an NCAA Championship, 'Bama danced to a record 190.05 tally. Close behind were Utah (189.50) and

UCLA (188.80), whose scores would have won any previous national championship. Georgia, the defending national champion, fell to a fifth-place finish, behind Louisiana State and ahead of Florida.

The Tide gymnasts won this particular meet: four feet off the ground on the balance beam, key to nearly every past national championship. Although runner-up Utah reacted calmly to the chancy apparatus and posted a haudable 47.35 score, a succession of great

routines gave Alabama a school record 47.55 beam score, its first national crown in any sport since 1979 and its first gymnastics title over 'Bama's to last year when Georgia mastered the beam before a partisan Utah crowd that was afflicted with its home team on a bye — Alabama, too, walked the plank while Utah sat.

"That was our best beam set of the year," said Patterson. "I think what helped was that Utah had a bye and the crowd was taken out of it."





Kelly Garrison-Stevens scored an NCAA record 38.94 on her way to a second all-around title. (USGA photo © 1987, by Dave Black)

When the Tide snatched approached the beam, the meet was still up for grabs. With just two rotations remaining, Alabama held a shaky lead over Utah, UCLA (from the first session) and LSU. But, following All-American Marie Robins' round-off double back dis-

mount, the Tide began a victory toast. Preliminary perhaps, but justified. Robins' 9.60 beam score outdistanced a set of clean routines — like Cheri Way's 9.65 and Kim Masters' 9.60 — which gave Texas a nearly unsurpassable 85 lead.

Utah came off its inopportune bye faced with the prospect of finishing lower than second for the first time in nine years. The Utes, who began the meet on their best event, saw disaster strike early. The Ute bars team cringed as two release moves ended in falls. A trio of 9.60, 9.65 and 9.70 scores by Cheryl Weatherstone, Kristi Parrock and Patu Maszels, respectively, salvaged the event — but barely.

The scenario stood as thick. Utah and LSU were deadlocked at 141.75, trailing Alabama by 85. Both Utah and LSU needed at least a 47.90 on vault and bars, respectively, to pass first session victor UCLA. Georgia, which dug itself a hole on a mediocre floor performance, was less than a point behind Utah and LSU, after an NCAA record 47.90 vault score. The Bulldogs, though, would take the dust on beam, where a threesome tumbled off and they were forced to count two of those falls. Alabama, nearly oblivious to the scramble for second, strolled to the floor exercise mat, national title virtually in tow.

As a crowd of 6,700 looked on, Utah took charge of the final bout. Two 9.60's, a pair of 9.60's and a 9.65 gave Utah an impressive 47.75 vault score. With Ellarie Portel tied trying her career high of 9.60 and freshman Jessica Smith sucking the same, the Utes doused LSU's and UCLA's hopes for a runner-up berth. While Utah was tearing the vault, the Tiggers were struggling on bars. The uneven bars, a source of contention for Utah, UCLA, Florida and Georgia, proved

the undoing of LSU.

As second place was developing on vault, bars, beam and in the stands (where UCLA sat watching), Alabama secured its first-ever crown with a respectable 47.45 floor score. Clipping to go all out with the meet in the bag, Texas all-arounder Robins went for a double back finale and missed. No matter, the Tide's 199.05 was good for a half-point win.

Kelly Garrison-Stevens of Oklahoma, the defending NCAA all-around champion, did her team proud. Garrison-Stevens counted a low score of 9.70, on route to a meet record 38.99 (which destroyed the former meet all-around record of 38.50). Her record tally included a 9.75 on beam and bars and a pair of 9.70's on vault and floor.

Garrison-Stevens led a parade of 38-plus all-arounders. UCLA's Jill Andrews was the first session and finished second overall with a 38.20, followed closely by teammate Kim Hamilton's 38.15. A pair of Ute freshmen treated the hometown fans to fourth and fifth place finishes, with Jessica Smith scoring a 38.80 and Massie counting a 38.05. Florida's Melissa Miller also contributed a 38.05 effort.

Saturday night, team spirit took the back seat, with the individual event qualifiers taking the wheel. Once again, Garrison-Stevens set the pace, winning two NCAA titles in meet records (9.60 on beam and 9.65 on bars). Playing on the emotions of a Salt Lake crowd who became enamored with her, Garrison-Stevens bobbed over so slightly on her beam mount, but the remainder of her routine went without a hitch, including her unique "Garrison Roll." She also wrestled the uneven bars crown from former record holder Lucy Wener of Georgia. Wener, the only collegiate gymnast to

seize two consecutive release moves, lost her grip and let go early on the first — her wanted eagle catch.

On the other side of the floor, the vault proved an interesting event — for its lack of difficulty, if nothing else. Only UCLA's Andrews, who stuck a handspring joko front and followed with a layout Tuckahara for a 9.625 average, seemed unruffled by the field's night requirement of two separate vaults. Garrison-Stevens and Utah's Ellarie Portel, to name two, found themselves resorting to compulsory vaults, with a difficulty of just 9.40, on their second trip down the runway. In Garrison-Stevens' case, her regular second vault is legal only in international competition.

The showdown the crowd of 6,000 had been waiting for came last. UCLA's defending floor exercise champion Hamilton would meet a new source of competition — Garrison-Stevens — who missed the 1987 individual championships with a broken foot. Fifteen floor experts danced, leaped, twisted and rotated in mid air, to the delight of the crowd. But, for the second straight year, it was the high-flying Hamilton's flawless and spine tingling execution to the music of "The Twilight Zone" won her the crowd's — and the judges' — voice. Hamilton's 9.80 reward would equal her 1987 record. Four gymnasts later, Garrison-Stevens stepped backwards out of a triple twist and settled for a second place tie with a 9.70.

After Georgia All-American Corinne Wright scored 9.70 in the Garrison-Stevens for second this ending individual night and the top three teams from the previous night were reintroduced. As cheers washed over Texas, Utah and UCLA, the Tide reviled again in their trip to the top of the NCAA victory stand.

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- July 8, McDonald's Nationals, Houston, Contact: Tim Irwin, Clinicians: Mike Burna/Greg Buwack/Kenji Tamura and 2 women, Direct mail to Texas Pro Membership
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Robert Cowan, USGF
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Kim Hamilton of UCLA had an outstanding performance on floor to take that individual event title.

WOMEN'S TEAM FINALS

Competitor	Vault	Bars	Beam	Floor	Total	Rank	School
Kelly Garrison Bore	9.75	9.75	9.75	9.75	39.00	1	Oklahoma
Jill Anderson	9.65	9.55	9.55	9.55	38.30	2	UCLA
Kim Hamilton	9.55	9.55	9.55	9.75	38.40	3	UCLA
Amelia Smith	9.65	9.45	9.45	9.65	38.20	4	Utah
Patricia Mauer	9.55	9.75	9.55	9.55	38.40	5	Utah
William Miller	9.55	9.55	9.55	9.65	38.30	6	Florida
Yoshi Warden	9.65	9.45	9.55	9.45	37.55	7	Washington
Janice Kim	9.55	9.55	9.55	9.55	37.65	8	Florida
Marie Robbins	9.45	9.75	9.55	9.55	37.35	9	Alabama
Caroline Wright	9.55	9.55	9.45	9.55	37.10	10	Georgia
Kath Urban	9.45	9.55	9.45	9.45	37.35	11	Arizona St.
Tina Smith	9.45	9.55	9.55	9.45	37.05	12	Alabama
Debra Mauer	9.55	9.45	9.45	9.55	37.05	13	Arizona
Joy Gail	9.15	9.15	9.55	9.55	37.40	14	Oregon St.
Jodie Smith	9.55	9.55	9.45	9.45	37.05	15	Louisiana St.
Heather Campbell	9.45	9.55	9.55	9.45	37.05	16	Illinois
Kim Smith	9.45	9.55	9.55	9.45	37.05	17	Alabama
Lacy Weber	9.55	9.55	9.55	9.55	37.65	18	Georgia
Angela Williams	9.55	9.55	9.55	9.55	37.65	19	Michigan
Linda Parris	9.55	9.55	9.45	9.55	37.15	20	Oregon St.
Michelle Bryant	9.45	9.55	9.55	9.55	37.15	21	Nebraska
Heather Carter	9.45	9.55	9.55	9.55	37.15	22	Arizona St.
Lori Dolan	9.55	9.55	9.55	9.55	37.65	23	California
Arnette Smith	9.45	9.55	9.55	9.55	37.15	24	Nebraska
Molly Carpenter	9.45	9.45	9.55	9.55	37.05	25	Arizona St.
Michelle Calver	9.55	9.45	9.55	9.55	37.15	26	Arizona St.
Stacy Schenck	9.45	9.55	9.55	9.55	37.15	27	Arizona
Carrie Foy	9.45	9.55	9.45	9.55	37.05	28	California

K Mart And U.S. Gymnastics Team Join Forces To Promote Youth Fitness And Health

A national youth fitness club was unveiled, training up the world's second-largest retailer with one of the most popular Olympic sports, promoting good health and nutrition for American children.

The "K mart Gym Kids Club" will be the centerpiece of a new three year sponsorship between the United States Gymnastics Federation (USGF) and K mart Corporation. The program will promote benefits of fitness, good health and nutrition to more than 1 million children and families across the country.

The K mart Gym Kids program is a free membership club for children seven to 14 years old. Children who sign up for the club will receive a free newsletter six times a year that will feature tips on health and fitness, articles about gymnastics and a special celebrity profile. Each new member will also receive a membership card, patch, and poster featuring members of the USGF Team.

"We chose gymnastics because it's one of the most healthy and popular sports for children," said Michael Wellman, vice president of marketing, K mart Corporation.

Beginning in May, customers and children will be able to pick up the first newsletter in any one of K mart's 2,200 stores. Applications to join the Gym Kids Club are on the back of each newsletter.

Starting in the July edition, children can enter a contest about health and fitness. At the end of the year, K mart will award six winners a trip for themselves and their families to the United States Olympic Training Center in Colorado Springs, Colo.

Also in the fall, the program will be promoted on K mart merchandise. Special hangtags will be attached to children's activewear, gym bags and



backpacks. These hangtags will feature information on the club and how to become a member.

"Members of the U.S. Gymnastic Team are excellent role models for American youth. Every athlete on the U.S. Team will become charter members of the K mart Gym Kids Club, helping K mart spread the word about the importance of proper exercise and diet at an early age," added Wellman.

According to USGF officials, the K mart Gym Kids program "couldn't come at a better time." The latest report from the President's Council on Physical Fitness and Sports concluded that 44 percent of American children between the ages of six and 17 fail to meet the standards for an average, healthy youngster.

"That's unacceptable," said USGF Executive Director Mike Jacki. "Our children are this country's future. If we're going to stay competitive in the world's arena—in business, in education, in quality of life—we've got to get the message to America's children that participating in fitness programs and sports is healthy and fun."

"The K mart Gym Kids program will play a vital role in that effort," Jacki added. "It couldn't come at a better time."

Researchers at the University of California-Berkeley recently found that obesity in American children ages six to 11 has increased 54 percent since 1960. The study also confirmed that 80 percent of overweight teenagers will remain overweight as adults. Researchers working on the Muscatine Study reported that of 4,889 school-aged children in grades 1 to 12, 40 percent could be considered at risk for the future development of coronary heart disease.

"More and more, parents and children themselves are taking the initiative to participate in fitness activities and sports," Jacki said. "Enrollment in gymnastics programs nationwide are at an all time high. But we've got to do more. We've got to get the message to every child, every family in America. And K mart can do that."

"The overall message of the K mart Gym Kids program will be that it's fun to be fit," Wellman emphasized.

CALCULATED GAINS

By Mike Botkin

Instead of a pumped-up USA Gymnastics team competing against the Soviet Union's world champion men and silver medalist women in the McDonald's Challenge: USA/USSR, April 23, an injury-riddled unit went out to test the water. For this contest was nothing more than a friendly dual meet between two countries.

The atmosphere of the Soviet gymnasts was very relaxed, enough to prompt Alexei Titkenokh to say "I am working on my tan," in improving English as he basked in the Phoenix sun pool side. "We have really close relations with the USGF," said Soviet men's coach Leonid Arkaev. "This was a friendship visit before the Olympics. Last year we agreed we needed to meet one more time before the Olympics."

So this competition was a chance for the Americans to see what needed to be done to climb back to respectability and an opportunity for the Soviets to experiment with some routines.

"This is about what I expected," said Don Peters, U.S. women's head coach. "The quality of our competitors was much better than they were in the World Championships where the

Soviets were far better. This was our first competition this season and none of the girls were in the best of shape. I was nervous about this meet. I don't like to come into a meet thus unprepared."

The men were in the same boat as the women, but despite the four and one-half point difference between the USA and USSR men's scores, some positive aspects did manage to shine through. "Our level of competition was higher," said Alie Grossfeld, U.S. men's head coach.

"In general, it was a good sign. There are certain areas where we were weak and other areas we showed improvement."

Sukrina Mar wasn't overwhipped by the Soviets using a fine performance to tie 1985 ex-world all-around champion Oksana Gouzenchik for the bronze medal.



Sasha Mar was able to keep everything in perspective, including the Soviet gymnasts. This member of SCAT's gym tied for the bronze medal all-around thus preventing a sweep by the visitors. "I'm still pretty far from my full potential," said Mar. "I really need to get back into the gym and practice. I didn't compete as well as I could have, but for now, I'm satisfied."

The Soviet Union was led throughout the contest by the duo of Svetlana Boginskaya and Olga Struchina. Both came into the final event, floor, tied and Boginskaya managed to edge her teammate 9.975 to 9.965 for the gold. 1985 co-world champion, Oksana Omelianchik tied Mar with an all-around total of 39.50, just 350 off the first place score.

Women's Competition



Svetlana Boginskaya narrowly defeated teammate **Olga Struchina** for the gold all-around medal.

Overall, the U.S. team finished a distant second to the Soviets by a 104.825 to 106.500 score. This is almost two full points better than the United States did in the

World Championships when they tallied 102.670 on the way to a sixth place finish. "I am very impressed with the way the U.S. team is going," said Soviet women's coach Andrei Rodionenko. "Mar is the real leader of the team and is a very strong competitor."

It was an interesting glimpse the women's competition provided for those following the fortunes of the American gymnasts. There were a number of injuries, most noticeably to 1988 McDonald's American Cup victor Phoebe Mills, who broke her finger just prior to the meet. She spent the majority of the time on the sidelines spying her Soviet counterparts and cursing her misfortune.

"I think we have 13 or 14 really true contenders who could make the Olympic team," said Peters. "I wish we had 30 or more."

Since its domination began in the early 1980s, experts have been pointing toward the Soviet Union pinning its success on depth. The larger the base, the more cream that rises to the top, the better the overall team—a numbers game. But with all of the injuries to the U.S. women, the hodgepodge team which was assembled showed something new—remarkable depth.



Lisa Pausirov came out of hiding to play a strong supporting role for the U.S.

Two days preceding the nationally televised event, a closed compulsory session

was held which served as a qualifying meet. It was during these compulsorys a sneak peek at the hidden depth was offered.

Stacey Gunthorpe, of SCATs, went a solid three of four but a fall off beam left her just short of the top six. Rhonda Frohn, of Karolyi's, still hadn't shaken off the effects of a hamstring injury suffered at Rotterdam which left her short of the mark. Brandy Johnson, who made the switch from Brown's Gymnastics to Karolyi's just after the American Cup, also missed the cut hampered by an ankle injury.

"I think we have 13 or 14 really true contenders who could make the Olympic team," said Peters. "I wish we had 30 or more."

So into the top six emerged Lisa Pausirov of the Parkettes whose performance was the surprise of the meet. Only a fall off beam prevented her from staying in the middle of the pack. But her floor exercise, scoring a 9.99, almost made up for that mistake on bars.

Another pleasant surprise was Dee Yamashiro, of SCATs, whose steady performance was highlighted by a 9.85 on beam and a 9.90 on bars. She finished ninth all around. Hope Spivey, another Parkette, came through with her strongest meet in some time scoring 9.80 and finishing seventh. Spivey suffered a spill on beam but hit her three other routines to score an average of 9.845. Elena Shcherbakina,



Kevin Davis, fresh off the NCAA meet, placed third among the Americans. (USGF photo © 1988, by Dave Stack)

a fiery redhead from the Soviet Union who has been on the sidelines for a couple of years, showed her Olympic potential scoring a 9.9450 to finish fifth.

Melissa Markowe, of Rocky Mountain Gymnastics, suffered through one of her worst floor exercises in a long time, scoring but a 9.275 in an event she usually

glides through. That poor routine slipped her all the way back to 10th position after she was challenging for top five the whole day.

Chelle Stack, of Karolyi's, also did not have one of her best outings falling off beam and bars to finish 11th. She did, however, have one of the best performances for the Americans on the day.



Dan Hayden's 9.75 powered home routine, along with his 9.90 on high bar, pushed him to an eighth place finish. (USGF photo © 1988, by Dave Stack)



when she scored 9.975 for her showy floor routine. "She did not give me much satisfaction today," said her coach Bela Karolyi. "But she is still a child. We introduced new skills on bars and beam and she could not complete them."

After the competition, Peters, 1988 women's Olympic coach, felt the Soviets had the edge over the defending world champion Romanova. "Some of them (the Soviets) best people were not in Rotterdam. It's going to be a daylight between those two," he said. "Just looking at this performance, we're (the U.S.) really in a dead heat for the bronze medal with the Chinese, East Germans and Bulgarians."

Olympic delegation leader Karolyi agreed with Peters saying, "They (the Soviets) were taught a lesson at the last World Championships where the consistency of the Romanovas kicked their butts. That is a lesson they won't forget."

Men's Competition

The Soviets weren't worried about losing and the Americans weren't worried about winning which made for the perfect climate for a very relaxed competition. It was a good thing, too because the Soviets swept the top four all-around spots and dominated the events taking almost a one point lead after the first event, floor, to win 236.650 to 231.175.

It was a battle between world champions, Yuri Korolev and Dmitri Beloszerchev for the all-around. But a rare mistake by Beloszerchev on pommel horse, gave the edge to Korolev. "I was a little nervous because of bag competition," said Beloszerchev. "This was not the last event, so I went out and did the rest to their full potential." In his last four events, Dmit (pronounced DeeMe by his teammates) scored a low of 9.80 on vault for his full twisting tsukahara straddled, to a high of 10.0 on parallel bars.

"This is the first time in six competitions I have seen Beloszerchev miss an event," said Grossfeld. "He was 35 for 36 in major international meets."

Unlike the Soviet women's team, the men were out to experiment with new skills. "Today can be one of the main practices before Seoul," said Soviet men's coach Arkady Valen. Larkin came prepared with his bag full of tricks. Anticipated was his triple back on floor which he underrotated and came up on his hands and knees, but unexpectedly he threw in a new skill on high bar.

Totally taking the crowd by surprise, Larkin performed a full twisting front for his first release move, then gave everyone the North American debut of his reverse back with a full twist

"They were letting out all the stops and they didn't care," said Grossfeld.

"They're still going to win the meet."

and completed the routine with a stuck triple back. As soon as he landed the judges awarded a perfect score, the fifth of the day for the Soviets.

Despite his two perfect scores, Larkin ended up in

fourth, just ahead of Scott Johnson who was the U.S.'s top finisher. "They were letting out all the stops and they didn't care," said Grossfeld. "This is a friendship meet, so if he (Larkin) lost the all-around, who



Hope Spivey's chances paid off as she turned in a strong performance throughout the competition.

cans. "They're still going to win the meet."

The compulsory competition held two surprises for the Americans—Mike Chaplin and Charles Lakes. Chaplin, out of UCLA, surprised the field and performed as best he could to make it to the all-around six while Lakes became a victim of his own lachrymological style, not making it to the concluding day.

Each He ended the competition in 10th place just ahead of Mike Rice. Curtis Holdsworth, whose consistency kept the U.S. team together in Rotterdam, held together in Firenze to finish in 10th. Kevin Davis, fresh back from a third place finish in the NCAA meet the week prior, struggled on floor (9.40) which slipped him to sixth.

One of the most scoring moments of the competition



Scott Johnson emerged as the leader of the U.S. men, placing fifth all-around. (USGF photo © 1988, by Dave Black)

"This could have been the best thing for Lakes," said Robert Cowan, USGF men's program administrator. "He thought he could come in, run and still make the team. Now he knows there is a chance he might not make the Olympic team, that there are guys out there who are going to push him. I think he learned a valuable lesson here."

Chaplin's best moments came on high bar and floor where he scored 9.70 on

each just after Lakes perfected his innovative high bar routine. With the crowd of 9,000 settling back into its seat, Dan Hayden, the last competitor, came through with his spectacular routine which includes his patented Kovacs and layout half-in, half-out over the bar dismount—stuck. The crowd thought it had witnessed back-to-back 9.0s, but the judges, as they are apt to do, thought differently and awarded Hayden a 9.80 for

COMEBACK SHOWING

By Mike Rotkin



Dee Yamashiro used a 9.80 score on bars to place sixth. Her consistent performance added greatly to the depth of this team.

The McDonald's Challenge USA/USGF was a comeback of sorts for Dee Yamashiro of SCATs. Her nerves were working overtime because this was her first major competition since she took second in the American Classic in 1987. When she completed her first pass on floor exercise, her tension was eased. "Up to that point, I was a nervous wreck and when I hit, I was really happy and relieved."

Yamashiro likes to keep busy and likes the lifestyle which accompanies elite level gymnasts. "I thrive on a busy schedule," said Yamashiro. "I don't like to take time off, it affects my gymnastics. I feel that when I do take time off, my timing is off and I get out of shape."

Staying competitive has been a problem for Yamashiro. But in the competitions she has been able to perform in recently, she has always performed well. 1988 looked like the year that would propel Yamashiro into the elite of the elite, but her luck didn't cooperate in 1987 in the McDonald's Championships of the USA, she placed fifth all-around. She won the Aloha Gyrofest and the USGF Elite Zone meet and placed second in the American Classic.

Yamashiro sees herself as a strong willed person, which as she points out, is very beneficial to her gymnastics training. "I am a perfectionist — very determined. When I am trying hard, I don't usually get mad at myself during practice. But on the rare occasions when I am down on myself, Dan (Peters) straightens me out. That doesn't happen very much. If I am giving it 900 percent and still not hitting my routines, I don't get down. I always give it my best shot."

With the weekends off, Yamashiro has little time but to study for school. She is the middle of three children and her father, who is of Japanese heritage, has a family tradition where no child's name is over three letters. Her older brother, Cyn, and her sister, Kyo. "My grandfather started the three letter tradition, I guess because our last name is so long." ★

his efforts which placed him squarely in eighth.

Vaulting also provided some interesting moments. Usually a week event for the Americans, all sat for their vaults while the Soviets were stopping and landing short. When the scores came up higher for the Soviets than the Americans, the crowd got very vocal. The fans did not realize the Soviets were doing vaults lower higher than those of the Americans. "Our vaulting was superior," said Grossfeld. "Scott (Johnson) is the only gymnast that does a \$60 vault. Everyone needs to be doing a \$60 vault."

Korolev thoroughly enjoyed the vocal support offered by the crowd. "The crowd was so friendly they couldn't have influenced any of the scores. People are much more emotional here,"

said Korolev who is a father of two, a boy and a girl. "It is not the same at home. The crowds are quieter in the Soviet Union when they are getting 10-66. I really appreciate the friendly crowds."

Johnson, emerging as the team leader, felt positive about the loss. "The way I look at it is the U.S. is getting better." In the 1987 World Championships, the U.S. scored 286.75 in the team competition. In this meet they scored 291.75. "As we prepare for Seoul, we are going to work on our weaknesses. We can't concentrate on beating the Soviets, we have to first concentrate on improving."

"Since the 1984 Olympics," said Grossfeld, "the Soviets have accelerated more than us. In 1984 our team was doing more difficulty than them."

FRIENDLY EXHIBITION

By Jan Claire



During a competition, there is no team tougher than the Soviet Union. After the meet is over, though, it's a different story. During the Vidal Sassoon Gymnastics Summit, April 24, a tired, but enthusiastic group of American and Soviet gymnasts performed before 3,000 in an exhibition at Paisley Pavilion.

Tim Daggert introduced Soviet gymnast Dmitri Borkovichev explaining he had made a comeback from a severely broken leg to become World Champion. "Tim," said Daggert, "inspires me to work even harder for the Olympic Games."

The exhibition also brought Mary Lou Retton back to the scene of her dramatic triumph. "I've got very interesting and a little crazy after 1984," she said. "Even now, when I finish a television commercial, speech or acting role, I really miss that bear hug and pat on the back I used to get from Bela."

"Did somebody here say bear hug?" teased Karolyi from across the arena.

So, the two were reunited for the famous picture so often photographed—the towering Maryanman and the tiny powerhouse gymnast receiving a hug for a job well done.

Also present were all but one of the men's and women's 1984 Olympic team. Those members were Kathy Johnson, who introduced SCAT's teammate Sherry Mar, Michelle Dussere, Pam Blasek, Tracy Blowers, Johanne McNamara and Retton. The men's members were Jim McKay, Jan Harting, Peter Vidmar, now a father of two who also did commentary for television, Bart Conner, Scott Johnson and Daggert. Mitch Gaylord was scheduled to appear, but was called away at the last moment.

After the exhibition, the entire troupe was treated to a reception hosted by Vidal Sassoon, sponsor of the performance. This included a trip to Sassoon's Beverly Hills salon for makeovers and hair cuts. Then the athletes were bused to Disneyland for a short trip to Space Mountain just prior to the Soviet delegation boarding its plane for the long journey home. *

Women's Team Standings

PLACE	TEAM	VT	BB	BE	UB	FB	TT	TOTAL
1	USA	9.75	9.50	9.50	9.50	9.50	9.50	57.25
2	USSR	9.50	9.50	9.50	9.50	9.50	9.50	57.00

Women's Individual Scores

		VT	BB	BE	UB	FB	TT	A.A.
1	36—JUTTLAND BOEINGMA	9.50	9.75	9.50	9.50	9.75	9.75	58.25
2	38—GALA STRACON	9.50	9.75	9.50	9.50	9.50	9.50	57.50
3	34—GROSSER, IMB	9.50	9.75	9.50	9.50	9.50	9.50	57.50
4	44—JONES, D'AMICO B	9.50	9.50	9.50	9.50	9.50	9.50	56.50
5	35—ELINA JALINEN	9.50	9.50	9.50	9.50	9.50	9.50	56.50
6	39—KAGAN, PERNA	9.50	9.50	9.50	9.50	9.50	9.50	56.50
7	40—SACHA LEBERMAN	9.50	9.50	9.50	9.50	9.50	9.50	56.50
8	37—BART, JEFFREY	9.50	9.50	9.50	9.50	9.50	9.50	56.50
9	33—BOE THOMPSON	9.50	9.50	9.50	9.50	9.50	9.50	56.50
10	32—MELISSA HANLON	9.50	9.50	9.50	9.50	9.50	9.50	56.50
11	30—DORIS, SCOTT	9.50	9.50	9.50	9.50	9.50	9.50	56.50
12	37—LITA PROKHOROVA	9.50	9.75	9.50	9.50	9.50	9.50	57.50

Men's Team Standings

PLACE	TEAM	VT	BB	BE	UB	FB	TT	TOTAL
1	USA	9.50	9.50	9.50	9.50	9.50	9.50	57.00
2	USSR	9.50	9.50	9.50	9.50	9.50	9.50	57.00

Men's Individual Scores

		VT	BB	BE	UB	FB	TT	A.A.
1	71—TOM KOSCHY	9.50	9.75	9.50	9.50	9.50	9.50	58.00
2	72—DIMITRI BELIKOVICH	9.50	9.75	9.50	9.50	9.50	9.50	58.00
3	73—BLANCK, JEFFREY	9.50	9.75	9.50	9.50	9.50	9.50	58.00
4	74—HAROLD LITE	9.50	9.75	9.50	9.50	9.50	9.50	58.00
5	75—SCOTT JOHNSON	9.50	9.75	9.50	9.50	9.50	9.50	58.00
6	76—KOROL, SERGEY	9.50	9.75	9.50	9.50	9.50	9.50	58.00
7	77—BLANCK, JEFFREY	9.50	9.75	9.50	9.50	9.50	9.50	58.00
8	78—DAN GORDON	9.50	9.75	9.50	9.50	9.50	9.50	58.00
9	79—BOB BATES	9.50	9.75	9.50	9.50	9.50	9.50	58.00
10	80—DORIS, SCOTT	9.50	9.75	9.50	9.50	9.50	9.50	58.00
11	81—MICHAEL CHARLES	9.50	9.75	9.50	9.50	9.50	9.50	58.00
12	82—MICK ECK	9.50	9.75	9.50	9.50	9.50	9.50	58.00

Seoul Searching

By Mike Botkin

The documentation on Tim Daggett's career-threatening injury is extensive; his goal to compete in the 1988 Olympics, once thought to be nothing more than a dream, came one step closer during the closed compulsory session of the McDonald's Challenge USA/USGRN, April 31 in Phoenix, Arizona.

Although his making the trip to Seoul is still far from reality, Daggett proved to his peers, and most importantly to himself, the desire to compete still burns within. "When an amateur athlete retires, it's because they raise their hand [saying the judge] and the feeling isn't there anymore," said Daggett. "And when that happens, it's time to move on. I was afraid of that I was afraid I wouldn't like the feeling anymore."

So it was a very cautious Daggett who performed the compulsory pommel horse routine. All eyes were glued to Daggett as he went through his routine and everyone gingerly seated his dismount. When that moment arrived, Daggett took a small step to alleviate some of the pressure off his healing bones. "I actually told myself to take a step on my dismount. Not because it was painful, just because I had a little more control."

As he made his way back through the circle of beaming peers, Daggett glanced at his score of 8.75 and a huge smile broke across his face. "This is an emotional moment for me. To compete on any level means I'm a little closer to Seoul. The last time I had a feeling like this, it ended in disaster. How would you like to spend 17 and one-half years of your life and the last thing you do is something you love with your heart and end in a major disaster?" he said. "Right now, the last thing I did was a 9.75 against the Soviets with all my friends clapping and cheering me on."



Tim Daggett prepares himself for his compulsory pommel horse routine with his coach Yefim Furman by his side.

That makes it worth all I have gone through."

A smile hasn't been a big part of Daggett's face during his remarkable comeback bid. His nights are still filled with visions of that October 1987 night in Rotterdam. "I didn't accept that the injury had occurred, but in February, I made myself look at videos and a photo I didn't look that closely, but I did notice that I have landed a lot worse. I was having a lot of problems, a lot of nightmares re-living the event, so now I am seeing a sports psychiatrist."

The itch to compete was stronger than the itch of his healing leg and Daggett went back into the gym in December. "I have never trained so hard in my life — three times a day, six days a week and once on Sunday."

Once back in the atmosphere, the UCLA graduate couldn't control his desire to return to the arena, but he has taken a realistic, self-preservation approach. "You got very away. My first landing will be very traumatic. We're [coaches and doctors] very concerned about my injuring my other leg, so that's why I'm going to wait until I'm very ready so I can land equal. I'm taking one step at a time because the smallest error at this time puts me right out of the ball game."

As large as the desire to compete again loomed over his head, the wish to be accepted and admired by his peers appeared larger. "Probably the reason I'm continuing is because of my peers. I want acceptance from them. When I stole my last dismount, I want my friends all over the world to say, 'He was a good gymnast.' I also didn't retire because I didn't feel I was the best I could be. It's like an artist — to the rest of the world the painting looks finished. But he continues, spending hours and hours with the little things. I felt like I needed to do this. It's a matter of pride."

All pride aside, Daggett's biggest foe is his own body. Will it be able to take the force of landing vaults and tumbling passes? "It's going to be a sprint to the end. I'm going to be very prepared in four events and on the high compression landings, I'm going to wait as long as I can. At this point, if the USGF told me I was on the Olympic team, I would have to turn it down."

The dye is cast, the bones are set and all Daggett can do is train the events he can and wait. He is not unrealistic about his chances of making the Olympic team, but at the same time, he is not pessimistic. "Making it to Seoul would be the greatest highlight of my life."

Injured Gomez Back Home In Houston



U.S. national team member Julissa Gomez, 15, who sustained a neck injury at the World Sports Fair in Tokyo two weeks ago, left Tokyo University Hospital May 21, to return to the U.S.

She has been on a respirator since the accident and is still paralyzed from her neck down. The Texas native, who recently moved to Blue Springs, Mo., with her father to train under coach Al Fong, was attempting a round-off entry vault during warm-ups for the women's vaulting event finals of the competition.

Born in San Antonio, Texas, Gomez is the 12th ranked gymnast on the U.S. women's team. A fund has been established to aid the Gomez family. Contributions may be sent to:

The Julissa Gomez Fund
Blue Springs Bank
P.O. Box 490
Blue Springs, Mo. 64015

A Letter From Julissa's Mother

Kansas City Star

Here is the text of a four page handwritten letter that Orla Gomez sent to the gymnastics community after her daughter was injured in an accident while competing at a meet in Tokyo:

"Some of you may know my daughter personally, while some of you may only know her from competitions or have heard her name as being a national team member. Therefore I would like to tell you more about her.

Julissa is a very special child. From the first day she could communicate, she has been a true optimist. She believes in herself and in her ability to achieve her goals. Her dream of Olympic glory was true and sincere. She never gave up hope. She was almost naive in her belief that that was her destiny. We, her family, gave her our love and support in her quest.

We are very saddened by this most unfortunate accident, but we have faith in God and Julissa. We know she has a fighting spirit. We also know, as does Julissa, that there are many people praying for her to find the strength within her to keep fighting. For this we thank you.

To those gymnasts and coaches who continue your quest for Olympic glory, I urge you to follow your dream with the same spirit that Julissa did. Whether you are already an "Olympic contender" or one that is waiting and hoping to be noticed, don't give up the fight. If your spirit is true and your dream sincere, you will achieve greatness by giving it your all.

To those of you who officiate at competitions and hold the power to make young dreams a reality, I urge you to acknowledge and recognize the efforts of every gymnast. They, like my daughter, put their hearts and soul into every competition, and whatever the outcome, they give their best.

The road to the Olympics begins very shortly it will be paved with many disappointments as well as triumphs, and indeed, with the sweat and tears of hard work and joy of every participant. Julissa's quest has ended abruptly, but you can continue to keep the spirit of her dream alive by continuing your quest with honor and integrity. Our prayers will be with you.

Sincerely,
Orla Gomez

Phillips Back To Karolyi

Almost anything Krutic Phillips does gets attention. The 16 year old native of Baton Rouge, Louisiana, has been receiving extra attention lately, even though she has not competed in a major meet since the 1987 World Championships.

Phillips received nationwide attention last winter when she arrived at SCATB in Huntington Beach, Calif., from Karolyi in Houston, Texas, saying she "needed a change." A few weeks after working out at the SCATB gym Phillips said, "If things

were any better, I couldn't stand it."

Having little success shedding a few extra pounds, Phillips called Karolyi in late May, asking if she could return to his club. "I'm so scared, but I told Bela I would be in the gym every minute of every day if that is what it takes," she said. "Bela and I have a very special relationship and even though I really missed him, the time with Don (Peters) did me good. I grew up a lot. The only bad part is I have to leave my new friends in California," she said.

Mental Toughness

By Mike Botkin

Sabrina Mar proved again during the McDonald's Challenge USA/USSR competition she is one of the top gymnasts in this country. Her determination to make the 1988 Olympic squad despite a painful back ailment makes her one of the toughest, too.

The battle with her back is a daily one. Sometimes she can practice, other times she can't. But, as witnessed by the over 12,000 fans during the USA/USSR dual meet, her desire to excel outweighs her pain.

"We have suggested that she quit because of her back," said Mary Wright, one of her coaches at SCAT's. "But she wouldn't hear of it. She told me she didn't spend 12 years of her life in gymnastics to quit six months before the Olympics. So we told her if you want to continue, you have to train."

There is a fancy name for what Mar has occurring in her back, but



Sabrina Mar has the look of determination on her face during a compulsory uneven bars routine.

what it boils down to is there is only soft tissue connecting her fifth lumbar to her tailbone, which has allowed for a slip. It is that slip of the lumbar which causes her the pain. It also causes damage to the disk above and below.

"It was an injury she was born with," said Wright. "It happens to 10 percent of the population, but it accelerates in athletes. Doing gymnastics is good and bad for her—good because her torso is so strong, bad because of all the hard landings."

Judging by her performances over the past year (a gold medal all-

around in the Pan American Games and a bronze in the USA/USSR) it doesn't seem her back has been a problem. But, it was the 1987 Championships of the USA where Mar made great strides. "It really bothered her at the Championships," said Peters. "She didn't train at all the whole seven day period before the meet. She came in, hit every one of her routines, not to her full potential, but with no mistakes, and placed third. That was a real big confidence boost for her. That taught her she could limit the number of repetitions and still perform well."

Her spirits ran high after her good showing against the Soviet gymnasts. "Recently it (the pain) has been worse for some reason. The routines that I do in training, have to be perfect. They have to be perfect because I am able to do so few," said Mar adding, "I'm not going to let it stop me."

"She is a very brave person," said Wright. "Her injury is very painful all the time, but she never lets on like it does. When people ask how it (her back) is, she always smiles and says 'fine.' But we (the coaches) know because we see her every day and talk to the doctors."

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OLYMPIC UPDATE

1988 Summer Olympic Gymnastics Competition Schedule

*This information was provided to the USOP by the FIGOC & the USOC

Sunday, September 18th

- 11:00 . Men's Competition IA
- 14:30 . Men's Competition IA
- 20:00 . Men's Competition IA

Monday, September 19th

- 11:00 . Women's Competition IA
- 20:00 . Women's Competition IA

Tuesday, September 20th

- 11:00 . Men's Competition IB
- 14:30 . Men's Competition IB
- 20:00 . Men's Competition IB
- Men's Team Awards

Wednesday, September 21st

- 11:00 . Women's Competition IB
- 20:00 . Women's Competition IB
- Women's Team Awards

Thursday, September 22nd

- 12:00 . Men's Competition II
- Men's All Around Awards

Friday, September 23rd

- 12:00 . Women's Competition II
- Women's All Around Awards

Saturday, September 24th

- 12:00 . Men's Competition III
- Individual Event Finals Awards

Sunday, September 25th

- 12:00 . Women's Competition III
- Individual Event Finals Awards

Wednesday, September 28th

- 18:00 . Rhythmic Gymnastics Preliminary Competition

Thursday, September 29th

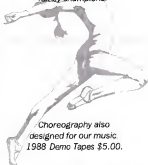
- 18:00 . Rhythmic Gymnastics Preliminary Competition

Friday, September 30th

- 18:00 . Rhythmic Gymnastics Finals Competition

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FICTION

CONFESSIONS OF A GYMNASTICS FATHER

Dear Dr. Peterson:

I CONFESS, I AM A GYMNASTICS FATHER. By so admitting my problem, I have taken the first step on the road to cure my addiction. I am writing to you because I have read that you are an expert in the field of sports psychology. I hope that your specialty includes the plight of those of us in greatest need, the parents of the athletes. My problem, which may already be obvious to you, is that my greatest pleasure in life has become sitting in cold cramped warehouses converted into gyms, breathing chalk dust, and watching my nine year old daughter do gymnastics.

Since you may not be intimately familiar with the sport of gymnastics, I must tell you that it is a sport of "gymnastics mothers," not fathers. In this sport, it is the mothers who travel with their daughters to far flung places in search of over better coaching. On television and in the magazines, it is the mothers you see cheering their offspring on. Most fathers stay home, lead normal lives, and struggle to pay for it all. Go onto any gym on Thursday afternoon and it is the mothers you see. The conversation in the parents' room is decidedly "motherly." As a gymnastics father, I fit in like a six-foot, four-inch sore thumb.

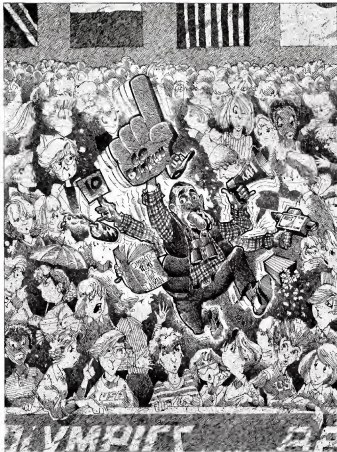
I know that I am not the only gymnastics father in the world. There are others, I have seen them. They just haven't come out of the closet yet. They are there, though, meet after meet, hiding behind their video cameras pretending that they are only there to preserve the moment for family posterity. Come on! How many repetitions of the same compulsory floor routine are the grandkids ever going to want to watch?

You might wonder how I became a gymnastics father in the first place. I can assure you it is not because of any kind of hormonal imbalance. Neither was it caused by any great trauma

in my life. I have a wonderful wife who approaches gymnastics with the same calm sense of perspective that she approaches everything. My son is a joy to be around, and I have a good job. Had my daughter not thrown herself head over heels into gymnastics (sorry about the pun), I might have continued on into old age being normal.

I think the addiction of gymnastics for me is seeing my daughter and her friends who are so young be so good at something. In what other activity or sport do you see children doing things with ease that their parents have never done and never will do? Where else do you see a

By Richard R. Young, Esq.



How am I
supposed to
perform my
God-given
parental duty
to coach my
daughter's
every move
when I don't
even know
what the
moves are
called?

nine year old student, mastering skills that their adult teachers can't do without guaranteeing a trip to the chiropractor. Let's face it, even on the wrong side of forty, I could still be a star in a little league baseball. These girls who are little leaguers by age are already playing the gymnastics equivalent of pro ball.

This leads me to one of the great frustrations of being a gymnastics father. How am I supposed to perform my God-given parental duty to coach my daughter's every move when I don't even know what the moves are called? Gymnastics was not a big part of growing up during the Eisenhower Administration. To make things worse, the moves all seem to have names from foreign languages, none of which I speak. My only consolation is that the gymnastics mothers around me don't seem to know any more than I do. What the mothers and I have learned after thousands of hours of observation is the importance of pointing your toes. In fact, if the numerous calls of admonition and encouragement from the parents' room are to be believed, a good toe point will cause even the roughest routines to score a "15."

There was a lady in the parents' room once who did seem unusually informed about the names of different skills, the code of points, and such. She didn't stay long. After she left, the rest of us concluded that she wasn't a gymnastics mother at all, but rather a judge taking part in some covert mission.

On the subject of judges, what kind of sport is this where you can't even boo the umpires? Worse yet, for each event, there are two

umpires and they make their calls in secret. I can assure you there is no more terrible feeling in the world than when your daughter has just finished the routine of her life and the judges "conference." One of those judges is about to commit robbery and you don't even know which one to boo if you could boo. Perhaps it is because they cease these feelings nothing within me, but for whatever reason, my daughter's coaches start every competitive season with the same stern lecture on parental etiquette at meets. We are politely reminded that any breach will result in our daughters getting to do push-ups for the rest of their lives.

Armed with our lessons in parental etiquette, the gymnastics mothers and I go forth every winter for the grueling ordeal known as the competitive season. This means driving to a different gym every weekend with a car full of giggling girls, staying in "reasonable" hotels and eating in groups of 400. Not counting the customary two hour warm-up, the meets themselves take three hours if run well, if not, it is usually somewhere between four hours and a lifetime. In all of this, my daughter only competes for about five minutes. Sounds crazy, doesn't it? The solution I have found is to learn to enjoy the process as much as the product. Otherwise, the temptation to say something tacky like "all of this effort and you fall off the beam three times" would be overwhelming.

My greatest discovery has been the entertainment provided by watching other parents watching their children. I have seen mothers

knot their fingers into sweaters trying to appear calm. I have seen a father literally throw his Coke into the air trying to help his daughter over the top on a giant swing. I know that more than one video tape has been edited to have copyrights deleted from its sound track. No where is the thrill of victory and the agony of defeat better mirrored than on the faces of these parents. Once, while taking a break for some fresh air during a meet, I encountered a poor woman sitting in the lobby of the gym. Her head was in her hands. Her skin color was a shade somewhere between green and gray. I was about to ask if she would like me to call an ambulance when a coach came out of the gym, placed an understanding hand on her shoulder, and said "you can come back in now, Mrs. Barnes, Susan is done with beam."

Watching parents watching meets, I have observed one phenomena which gives me hope that my addiction of being a gymnastics father may be curable. As the gymnasts get older and better, the number of parents coming to watch meets diminishes. Perhaps the passage of time will cause gymnastics to assume a more normal role in my life. I shudder to think at the other reason these more experienced parents may be missing. Might they already have expired from frayed nerves of the ingestion of chalk dust?

There is one fear that lives in the heart of every gymnastics father. It is worse than falls from bars, bobbles on beam, unpointed toes, and everything else. Strangely enough, it is the

product of victory not defeat. That fear comes from the realization that the best of our daughters may some day be plucked from us and sent to train under the hand of some great gymnastics guru far away. No more sneaking out of the office to watch afternoon practice, no more sharing the thrill of the first kip or Tuck or full twist. No more drying the tears when the coach has been unusually mean and wicked. No more writing down scores, pinning the ribbons on the wall, reliving each routine. Worst of all, our daughters will end up being someone else's gymnastics mother!

I resolved to strengthen myself for the possibility of such a dreadful occurrence.

My opportunity came during a business trip to Houston. I slipped out of my meeting early and went looking for the gym I had heard so much about. After a lengthy drive and much reflection on how I might convince the rest of my family to live in such a place, I was there. I was surprised that the gym itself was not much different than other gyms I had been to. The sounds, the smells, the parents' room, the gymnastics mothers all had a sense of familiarity about them. Even the great guru himself was out on the floor spotting girls the way our coaches do, only I had seen these girls on television.

I was distracted by something tiny flying

through the air. My heart sank. In another group, girls no bigger than my new year old were sticking double back with ease. Was it really true that to make it my precious would have to leave home? It was with great trepidation that I asked one of the mothers how old these girls were. My spirits soared when she told me that they were all 12 or 13. Their size was the result of growth starting techniques systematically applied by their parents from an early age. The fear is still there but I returned home a happier man.

Well, doctor, you now know the symptoms of a "gymnastics fever." I await your learned suggestions for a cure. There is no need to

hurry. I have to go now to catch a plane to Albuquerque. My daughter is doing her first competitive double back off bars in a meet there and I just can't miss it. I am sure you understand.

In my next letter I would like to tell you about a nightmare I have been having lately. I dream that I am a gymnastics coach surrounded by a screaming hoard of gymnastics mothers. They are all yelling at me to point my toes. It's awful!

Very truly yours,



Richard Aardvark

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The Junior Pacific Alliance Championships, March 25 gave the gymnastics community assembled at the Olympic Training Center in Colorado Springs, Colorado a glimpse at the future. This event was the realization of a three-fold plan — to also give these young gymnasts experience and exposure through a Junior Pan American Games and Junior World Cup competitions.

The men's meet was dominated by Japan and the United States with the US pulling out the victory with a strong rings effort to win by 1.85 (168.900 to 168.300). The rings were the last event and the Japanese, who had a bye, could do nothing but watch as the Americans scored a low of 9.55 to a high of 9.75 to dominate this event and total 28.90.

There were seven countries with full teams in attendance and 10 nations with partial teams participating.



PEAKING AT PROMISE

By Robert Cowan

Chinese Taipei demonstrated some excellent progress to beat Canada by 1.40. The Canadians were plagued by numerous misses. As an example of how distant the gap was between second and third, Taipei was a good six points behind Japan.

Some of the highlights of the men's competition included Japan's floor exercises where four gymnasts did six triple twists between them along with a few piked

full ins and double layouts. Quite a display of tumbling promise. The United States did an outstanding job on pommel horse and Tim Ryan performed a legs together "D" handstand dismount to perfection. He had great swing, no strength and showed it off by lifting his free arm to slap his thigh.

Lance Ringold won the all-around contest with an impressive 57.80. Yutaka Aihara and Takahiro Morizawa of Japan were se-

cond and third while Chasney Humphrey and Ryan were a close fourth and fifth respectively.

Women's Competition

Canada won the women's competition by a very slim margin over the United States, 114.950 to 114.700. It was more a case of the United States giving the gold medal to the Canadians with misses on bars, beam and floor. Canada, led by Leah Homish's all-around winning score of 38.60, had a single mishap on bars and beam but hung on to win by .25 (114.85 to 114.70). Japan, who eliminated itself for the gold medal chase after vault, finished a distant third with a 111.20 total.

It was a very talented group of Canadians who came into the Olympic Training Center with an almost pompous attitude. But

Lance Ringold paved the American team to victory by winning the all-around competition with a total of 57.80. (USGF photo © 1988, by Dave Black)

their confidence was also backed up by a wealth of talent. Koyuki Oka, of Canada, placed third in the all-around with a 38.20 total.

The United States was led by Great American Gymnastics Express' Karen Thorney. She took the silver all-around medal with a consistent performance scoring 38.45. Elizabeth Crandall of the Desert Devils and Nicole Eljardo of Kips School of Gymnastics finished fourth and fifth respectively.

The judging had more of an impact during the women's meet than it did during the men's. For example, there were 29 competitors registered and 21 conferences on beam. *

MEN'S INDIVIDUAL STANDINGS

Place	Name	Team	Score	Points Behind		
				1st	2nd	3rd
1	Lance Ringold	USA	37.300	0.000	0.000	0.000
2	Yutaka Ashita	JPN	34.450	0.850	0.000	0.000
3	Takahiro Morimatsu	JPN	34.100	1.300	0.350	0.000
4	Chasey Ungrathrey	USA	33.050	1.250	0.400	0.050
5	Tim Ryan	USA	33.550	1.750	0.900	0.500
6	Jim Kozicki	JPN	34.400	2.900	1.050	1.300
7	Shunsuke Aramaki	JPN	34.750	2.550	1.700	1.350
8	Chen Hui-Ting	TPE	34.050	3.250	2.400	0.950
9	Tsang Lian Tsaur	TPE	33.650	3.650	2.800	2.450
9	Shunsuke Jukura	CAN	33.450	3.850	2.850	2.450
11	Lance Skokan	CAN	34.350	3.000	3.100	2.700
12	Sean Hwang-Peng	TPE	33.150	4.150	3.300	2.650
13	Mark Yui Wyt	CAN	33.700	4.600	3.750	3.400
14	Lin Jeng-Ming	TPE	33.500	4.800	4.350	3.600
15	Brad Marshall	CAN	32.300	5.100	4.350	3.900
16	Mark Bird	AUS	33.300	5.400	4.550	4.200

TEAM STANDINGS

Place	Team	Floor	Horse	Vault	Pommel	B-Bar	Total
1	USA	38.650	38.500	38.600	37.300	38.400	38.150 183.050
2	JPN	38.750	37.750	37.700	38.200	37.700	38.300 181.350
3	TPE	37.600	37.150	38.500	36.800	37.300	38.650 182.350
4	CAN	37.750	38.750	38.500	37.400	36.400	37.150 189.950
5	MEX	35.650	38.150	34.400	36.400	34.100	36.950 149.500
6	FIN	35.100	18.500	11.600	34.900	31.150	18.300 117.500

WOMEN'S INDIVIDUAL STANDINGS

Place	Name	Team	Score	Points Behind		
				1st	2nd	3rd
1	Leah Remick	CAN	38.400	0.000	0.000	0.000
2	Karen Thorne	USA	38.450	0.150	0.000	0.000
3	Kyoko Ota	CAN	38.500	0.400	0.050	0.000
4	Elizabeth Dronchi	USA	38.450	0.550	0.400	0.150
5	Nichole Papadakis	USA	37.900	0.700	0.550	0.350
6	Charlotte Pipe	CAN	37.600	0.700	0.550	0.300
7	Aki Takahara	JPN	37.650	0.950	0.800	0.250
8	Mari Koyagi	JPN	37.600	1.000	0.850	0.600
9	Stella Umek	CAN	37.400	1.200	1.050	0.800
10	Carla Eggerola	Pape	36.950	2.250	2.100	1.850
11	Hayo Nakagawa	JPN	35.650	3.750	3.600	3.350
12	Michelle Teller	AUS	35.800	2.800	2.650	2.400
13	Liu Pin-Lang	TPE	35.750	2.950	2.700	2.450
14	Wang Chang-Yi	TPE	35.400	3.200	2.950	2.800
15	Johel Bangerter	USA	35.300	3.300	3.150	3.000
16	Tatsuko Hatanaka	JPN	34.900	3.700	3.550	3.300
17	Mara Rocco	MEX	34.350	4.250	4.100	3.850
17	Nidia Bernal	COL	34.350	4.250	4.100	3.850
19	Chen Shuang-Jen	TPE	34.200	4.400	4.250	4.000

TEAM STANDINGS

Place	Team	Vault	Horse	Beam	Floor	Total
1	CAN	38.400	38.500	38.050	34.350	114.950
2	USA	34.900	38.480	37.600	35.700	114.780
3	JPN	38.550	37.000	37.350	38.900	111.800
4	TPE	37.350	36.650	35.800	35.500	109.300
5	MEX	36.300	34.450	33.150	35.950	99.850
6	POL	35.650	32.300	33.600	35.950	99.500



PRODUCT UPDATE

Products advertised in this section are not evaluated by the USCF. Product Update is intended as a service to subscribers and readers supporting the profession community.

Liquid Amino Supplement

Real Life Research, Inc., Stanton, California-based manufacturer of nutritional supplements, has just introduced AMINO EDGE, the second in their line of natural supplements. AMINO EDGE, which was developed by noted sports and preventive medicine researcher and practitioner Dr. Bernd Friedlander, is the first liquid sublingual amino supplement to enter the vitamin market.

The results of much research on amino acids, including that of Dr. Friedlander, demonstrates that essential-enhanced amino acid supplementation offers quick and sustained high energy, improved metabolism, assistance in the loss of excess weight and enhanced brain and nervous system function. Friedlander has used the product in his work with dozens of professional and collegiate athletes and is currently including it in a program he is custom-designing for the UCLA Women's Crew Team.

AMINO EDGE is packaged in a two-ounce plastic "dropper" bottle and is administered at the rate of 13 to 20 drops under the tongue three times daily. The bottle provides a 30 to 40 day supply and retails at a



suggested \$16.95. The product also comes packed 13 bottles to a box at \$40.17 per bottle. New distributor discounts are available and the company offers a generous promotional package.

For more information, contact Real Life Research at 5330 Katella Avenue, Unit C, Stanton, CA 90680. Or call (714) 883-0000.

Shoulder Thermal Protector Introduced



The heat protector eases pain and stiffness around injured tissue and a unique two-dimensional elasticity gives limited support while counteracting swelling. The product is designed for such injuries as rotator cuff syndrome, tendinitis, bursitis, shoulder separation and fractures, pitcher's shoulder, osteoarthritis, rheumatic pain and for training, competing and working in cold weather.

For further information contact Valcor, 816 Sanson Street, Camden, NJ 08103. Telephone: 1-800-336-7274 or (215) 735-4406.

Women's Judge's Training Course Outline Now Available

The Training Course Outline is a "diffrent" type guide to the FIG Code of Points. This is an excellent tool to improve your knowledge and prepare for testing.

Send your check to USCF Merchandise, PO. Box 5542, Indianapolis, IN 46255-5542 or use your Visa/Mastercard: (317) 237-5960. Item # 1182 Price \$6.50

Machine Measures Fat And Water



The new FUTREX-6000 Body Fat Analyzer and Fitness Computer has added the ability to measure and report total body water as well as the percentage of body fat. Based on an

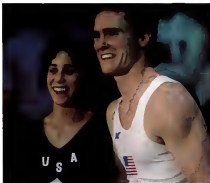
advanced technology developed by the USGA and manufactured by Futrex, Inc., Gaithersburg, Md., the instrument offers data vital to many physicians, therapists and technicians in a simple-to-use, quick and accurate manner. An internal computer analyzes the spectral reflections from an infrared wand placed against the skin at the bicep. Within seconds, its digital readout provides the hydration and body fat information.

For additional information, please contact Bob Rosenzweig, Futrex, Inc., Box 2398, Gaithersburg, MD 20878. Phone 800-355-4305.

GYMNASTICS UPDATE

McDonald's International Mixed Pairs Victors

Phoebé Mills and Kevin Davis combined to defeat eight tandems of gymnasts during the International Mixed Pairs competition in Allentown, Pennsylvania, March 8. Mills, victor in the 1988 McDonald's American Cup, and Davis combined for a total score of 39.275 which was just enough to beat the Soviet Union's duo of Svetlana Rustova and Igor Korobekinsky by .075. Gabriela Potosci and Marius Tiba, men's American Cup champion, of Romania, placed third. (Photo by Loren Fisher)



1980 Olympian Honored

Chicago, Ill. — Ron Galmore, a member of the ill-fated 1980 U.S. Olympic Gymnastics team, was honored recently at the 18th annual Blackbook awards banquet. Blackbook is a directory of predominantly black organizations that is published by the National Publications Sales Agency Inc. of Chicago.

Galmore, founder of the Titusville, Fla.-based Athletic Training Center, U.S.A., received a business and professional achievement award at the banquet. Chicago Cubs outfielder Andre Dawson, 1987 National League Most Valuable Player, also received this award.

Former Chicago Bears running

back Walter Payton was on hand to receive the Lifetime Achievement Award. This award was significant to Galmore because his father, the late Willie Galmore, was the first great Bears running back.

Galmore was the first collegiate gymnast to score a perfect 10.00 in competition when, on national television, he performed this feat at the 1981 NCAA Championships, beating

Peter Shinko of Courtland State in the process. "When I landed, I felt like it was one of the best weeks I had done," said Galmore in a 1984 interview in USA Gymnastics. "I was happy not only for the 10-00, but because I was put in a high pressure situation and I performed. I was a competitor at that point instead of letting the pressure situation psych me out." ★



Edina Gymnastics Association

Dodge Club Of The Month



The Edina Gymnastics Association, which is affiliated with the city of Edina Park and Recreation Department, had its beginnings in a small ice skating warming house and metal hut. The existing club was reorganized from KEGS Edina Gymnastics. Since September of 1984, the club has grown from 180 to over 550 gymnasts and now operates a fully equipped, 9,400 square foot facility.

The competitive program involves 80 boys and girls from Class IV through Class I. In addition, there are boys and girls prep teams and a developmental program which involves over 400 gymnasts ranging from beginners to advanced.

The preschool program at Edina Gymnastics has over 400 young gymnasts from the Wonderful Ones to the accelerated pre-competitive Comets and Astros. A new addition is the Marvelous Moms for those who want their turn on the equipment, too.

An important goal is that of developing curricula for children with special needs so that they too can enjoy the benefits and positive self-image that involvement with gymnastics can bring. The Edina Gymnastics Association serves its community in a variety of ways including:

- ★ The demonstration team performs for many nursing homes during the holiday season as well as throughout the year.
- ★ EGA gymnasts perform in various city park projects introducing gymnastics to the community at large.
- ★ The children at the Twin Cities unit of the Shriner Hospital for Crippled Children thoroughly enjoyed a special gymnastics presentation. Afterwards, the gymnasts visited many in their rooms and gave them special stickers.

- ★ EGA gymnasts perform in many local community parades.

The EGA seeks to provide excellent and enjoyable gymnastics for all participants in the many programs offered. Dodge has helped in this goal in many ways including:

- ★ A Dodge banner decorates one wall of the gym in full view of gymnasts and parents observing from the balcony.
- ★ For every one of the 70 birthday parties hosted by the EGA a Dodge folder and a EGA T-shirt are given to the birthday child.
- ★ EGA's booster club hosted four meets this year. These meets were advertised with Dodge posters placed around the gym and on community bulletin boards.
- ★ The EGA is seeking the support of local Dodge dealers to assist in promoting gymnastics in the local area.

Since 1984 EGA teams have traveled throughout the region and even as far away as Delaware. The team has placed at the state and regional level, including first place finishes at state. Many individual honors have also been earned including state (girls IHQ, boys IHQ, girls II and IHQ) and regional (boys IQ, IHQ, girls Class II) champions.

The Edina Gymnastics Association, a nonprofit, parent run organization is among the fastest growing gymnastics clubs in the upper Midwest. They are very grateful to Dodge for their support of the club gymnasts and competitive teams. The address is: 5280 Eden Circle, Edina, MN 55436 (612) 925-6342. Loree Baran is the developmental coordinator. ★



THE ROAD TO SEOUL STARTS IN SALT LAKE

P R E S E N T I N G :



U.S. OLYMPIC GYMNASTICS TRIALS

JULY 29 THROUGH AUGUST 6, 1988

See the best of America in the Salt Palace as Salt Lake City hosts the top 60 Olympic hopefuls. A men's and women's gymnastics team, along with a rhythmic gymnastics team, will be selected to go for the gold as the United States Olympic Gymnastics Team in Seoul, Korea! Gymnasts will compete in a broad variety of events, including floor exercise, pommel horse, still rings, vaulting, parallel bars, horizontal bar, balance beam, and uneven parallel bars. In addition, enjoy the elegance of rhythmic gymnasts competing for a spot on the Olympic squad.

SCHEDULE OF EVENTS:

Rhythmic Preliminaries . . . July 29
Rhythmic Finals July 30
Practice Days August 1 & 2
Men's Compulsories August 3
Women's Compulsories August 4
Men's Finals August 5
Women's Finals August 6

Note: Tentative schedule - dates may vary.

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Position Available

Male coach—instructor. Responsible, enthusiastic and experienced coach needed to establish successful gym for all levels (Class II) through Class I and young developing elite. Facility located in Southern California on the campus of San Diego State University near beaches and mountains. Salary commensurate with education and experience. Send resume to Edward Price, PE Department San Diego State University San Diego, CA 92182.

Position Available

Full or part time coach needed at growing gym for beginners through Class II. Choreography on performance preferred. Salary negotiable. Send resume to: Budco Gymnasium, 2241 Quailwood Dr., Elms, CA 97624 or call (408) 252-9575 or (408) 254-4901.

Position Available

Great opportunity in a 5000 square foot facility for an enthusiastic, dedicated coach. We are looking for full and part time coaches with the ability to coach recreational and team. Salary based on experience. Dance on performance a plus. Send resume to: Mr. Tardelino Gymnastics Club (408)—1 Halffield Circle, Chualar, CA 92022. Phone (714) 374-0240.

Distributors Wanted

Looking for distributors for gymnastics shoes—independent stores. Please call or write: Gyn West Sport Products Company, P.O. Box 124, Claremont, MI 48017 (313) 475-4214.

Positions Available

Gymnastics instructor needed for boys and pre school programs. Hire a career-minded enthusiastic individual who enjoys teaching young children. Job duties would include teaching pre-school classes and establishing our teen classes and team. Facility is 11,000+ square foot and fully equipped for a complete boys program. Benefits include full medical, paid vacation, paid holidays and career opportunities in our growing three gym company. Send resume to: Tara Higgins, Aero Sports Gymnastics, Box 8846, The Woodlands, TX 77380 (713) 586-4497.

Positions Available

Wanted: enthusiastic, positive thinkers who wish to grow with our company. Openings available for gym school directors and recreational/fitness instructors in future facilities. Career advancement as our professionally managed company possible. We currently operate three gyms in Houston area, with more planned in the future. Benefits for full time personnel include full medical coverage, paid vacation and paid holidays. Send resume and requests for information for Tara Higgins, Aero Sports Gymnastics, Box 8846, The Woodlands, TX 77380 (713) 586-4497.

Positions Available

Immediate openings for coach/boys classes and female and single/double classes and teams. Well established program which offers the following benefits: profit sharing, medical and vacation time. Salary commensurate with experience. Incentives/terminal for overtime and friendly We will also train college graduates with a physical education degree. Please send resumes to: Catherine's Studio of Gymnastics, Inc., 12429 S.W. 127 Court, Miami, FL 33156 or call (305) 556-3333 or (305) 255-3811.

Executive Director/Coach

Successful, non-profit club (over 800 boy and girl gymnasts) from pre-school through Class I/ girls level, currently Class II/ girls level, seeks director to actively manage the club which has grown dramatically 9,500 square foot gym, excellent equipment. Board expects director to be chief operating officer, operating according to jointly agreed policies and guidelines while fostering teamwork and sportsmanship. Familiarity with girls and boys competitive programs essential. Coaching skills at Class I and II level, boys and/or girls desirable. Good salary plus bonus potential. Acting director knows of this search, this is the only area. For exact information or to apply, call and resume to: Search Committee, 9008 Lakota Hills Road, Minneapolis, MN 55425 or call (612) 944-8176.

Position Available

Girls Coach, full or part time position. Dance, choreography and spotting experience necessary. Available immediately. Well established school of over 800 students in Knoxville, Tennessee. 11,500 square foot gym, well equipped and air conditioned. Great opportunity for mature, responsible, enthusiastic individual. Salary and benefits commensurate with experience and responsibilities. Send resume to: Ed Clarend, Academy of Gymnastics, 18228 Technology Drive, Knoxville, TN 37933.

Position Available

Two round director, head coach and two assistant coaches for growing girls competitive program. PT/PT. Qualifications: strong organizational skills, good speaker, leadership, motivational skills and good interpersonal communication. Excellent working conditions. Salary commensurate with experience. Company advancement with growth and development of program. Professionalism in dress. Send resume and references to: Progressive Gymnastics Inc., 150-15 36 Ave., Flushing, NY 11358 or call (718) 463-1511.

For Sale

Gymnasium (school), excellent area, Southeast Florida, fully air conditioned, AMF equipment, fully equipped, large excellent, 4,550 square ft., fantastic terms. Owner will finance. PO Box 680736 Ft. Lauderdale, FL 33346.

Positions Available

Immediate openings for girls head coach and director of the boys program in a very large San Francisco Bay area facility. Please contact: Dawn Wilkins at San Mateo Gymnastics Center, 1200 Elmore St., Belmont, CA 94002 or call (415) 591-8734.

Position Available

Needed: research head coach for fast growing private club. Experience and education, not required. Will coach classes and Class IV—II girls. Must have choreography skills and ability to organize, communicate effectively and motivate. Related college degree, safety certification and judging rating preferred. Located in Gaithersburg, MD, branch of the U of P. Salary commensurate with experience. Call (301) 275-9528 or send your resume immediately to: PO Box 90122, Gaithersburg, MD 20887.

Position Available

Experienced coach? Teach boys and girls ages 3 to adult in a very successful, successful private gym where his and/or self-esteem development are stressed. Good pay and great benefits. Great location in sunny L.A. County. Experience needed. Pass A or A+ Gymnastics Centers, 1238 W. Burbank Blvd., Burbank, CA 91506 or call (818) 464-0700.

Position Available

Full and part time positions available for Fall 1988 at large well established school in scenic New England community college community. Gymnasium needed for boys and pre-school classes. Coaches needed for boys (IV II) and girls (I/II/III/IV) teams. We offer full time hours and competitive salaries in a well equipped facility with foam and run landing pits. Excellent potential for growth and advancement. Send resume or call: Hampshire Gymnastics School, 451 West Street, Amherst, MA 01003 or call (413) 854-6360.

Position Available

Gymnastics coach (working up to head coach position) for the El Dorado Hills Gymnastics Association located in the beautiful foothills east of Sacramento, California (130 miles from San Francisco and 80 miles from South Lake Tahoe). We have recreational classes for babies through teen boys classes and competitive programs for Class IV II and II. Must have previous experience and knowledge of USAGF competition, computing rules and procedures available to coach up to Class II. Send resume to: El Dorado Hills Gymnastics Association, 831 Redwood Ln., El Dorado Hills, CA 95620 or call (415) 930-9500.

Positions Available

Fast growing club in San Mateo, Calif. needs to add three coaches to our current staff. Coaches for Class II and above, boys beginners through competitive and girls recreational. Salary commensurate with experience. Full fringe benefits. Forward resume to: Cal State Gymnastics, 403 Birch Avenue, San Mateo, California 94403 or call (415) 343-3433.

Positions Available

Immediate part time gymnastics coach and position available for both men and women. Experience ranging from Class II through II for boys and Class III and II for girls. This is a great "year" position with 200 plus programs students and a successful boys and girls team. Must show competence in spotting and teaching advanced gymnastics skills. Dance and choreography experience helpful. Salary negotiable. Now looking to open September 1988. Call or send resume to Karen Ren, South County YMCA, 18730 Southfork Road, St. Louis MO 63118 (314) 542-0005.

Ivy League Alumni

Ivy League men's gymnastics urgently needs your help to ensure that your name will have a chance to compete for if you are interested in helping the work program at your alma mater then please write "Ivy" information will be forwarded to the coach of your school. Send your name, address and school name to: Phil Wiley, Department of Biology, University of Pennsylvania, Philadelphia, PA 19104 505A.

Penn/Tale Alumni

Let's support a move to verify for the most gymnastics state in Penn and like are urgently needed. Let our outside athletes director know that there is an array of bright young male gymnasts out there. Let them know that you would really like your own to apply to their school, but you are disappointed that they have to leave. Address letters to: Ms. Carolyn Schiller, Associate Director of Athletics, University of Pennsylvania, Philadelphia, PA 19104-6325 or Ms. Barbara Chertok, Associate Director of Athletics, 402 A Mile Station, New Haven, CT 06520.

Position Available

Immediate opening for the boys head coach and program director for a growing year round program. We are looking for a highly qualified and enthusiastic coach to further our existing classes and to advance our winning Class II and IV boys team. Please call (704) 635-1389 or send resume to: Board of Directors, Charlotte Gymnastics International, 7035-C Newell-Hickory Green Road, Charlotte, NC 28225.

Positions Available

Instructor/Coach—Full and part time positions available. Coaches and instructors needed for boys and girls classes and teams. Work is fully equipped, air conditioned facility at South Florida club in the beaches. Salary commensurate with experience and reputation. Salary/Resid resume to: Boys Academy of Gymnastics, 2830 NW 2nd Ave., Box 8400, Ft. Myers, FL 33901, or call (813) 288-0971 and ask for Shirley.

For Sale

Fully equipped 3,500 square foot gym located in affluent area of beautiful Southern California (perfect) for recreational gymnastics program. Current owner, Dan Connolly, will make exchange for boys team website. Contact: Dan Connolly at (818) 341-5602.

Positions Available

Established South Florida gym is seeking experienced and enthusiastic coaches for girls and boys competition teams. Positions are full or part time. Salary commensurate with experience. Contact: Stu Greenberg at Park Avenue Gym, 2804 N.W. 21st Avenue, Fort Lauderdale, FL 33305 (561) 940-1206.

Positions Available

Head coaches and instructors sought for Fall 1988 for expanding Massachusetts recreational and competitive gymnastics program. Openings for toddlers and pre school specialists. See Call Ms. Stank (617) 877-9327.

Positions Available

Three positions available: Teacher/girls assistant coach, pre-schooled through high school recreational class leader who can assist pre team, through Class I/AD Male or female. 25-180 plus years of all levels experience. Teacher: pre-schooled through high school recreational classes. 10-180 plus years or all levels experience. Male or female. Girls team assistant coach, pre team through Class I/AD 5-7Y, Male or female. About 30-35 hours per week. Work area in Baltimore and Washington D.C. suburbs. Call Rick Tucker (301) 381-0798 or 381-0228 or send resume to: Gymnastics Plus, 5522 Dobbin Road, Columbia, Maryland 21046.

Software For Men's/Women's Gymnastics Meets

Score Meets the ultimate meet and team management system, makes meeting it most as simple as pressing a few keys. Score Meets provides individual and team as well as compulsory and/or optional meets. Coaches, now you can graph and report your train and individual scores over to entire arena! This score driven system, for PC, XT, AT or compatible, comes with an on line manual and complete documentation. Send \$45.00 for the complete system, or \$5.00 for a Demo diskette to: Makway Systems, P.O. Box 36454, Charlotte, NC 28236 (704) 366-5777.

Director & Coach Needed

Program Director & Coach needed for 10,000 sq. facility with 600+ skilled small area in sunny Orlando, Florida. Full time position for a coach (Class IV). Instructor with good organizational skills and enthusiasm to a guide program growth. Salary commensurate with experience. Send resume to: Ren, JOLANNE DANCE & GYMNASTICS, P.O. Box 609, Ocala, FL 32763 (407) 871-3166.

Position Available

Head coaching position—Fulltime team sport competitive program head coach. Must be enthusiastic, positive and have a strong background in upper level gymnastics. Available immediately. Well established school with over 700 students in Clearwater, Florida. Great opportunity, vacation days, medical benefits and more. Send resume or call Rocky at: Gemini School of Gymnastics-401 E. Douglas Road, Ocala, Florida 34677 (813) 652-3577.

Position Available

Coaches girls and boys, Class V through I. Must show experience in spotting and teaching advanced skills and have good communication and motivational skills. Gym is located in beautiful Rocky Mountain area. Excellent hearing, fishing and outdoor recreation. Please send resume and references to: Pinedale P.O. Box 10000, Helena, MT 59604 or call: (406) 442-1880.

Position Available

Winstate Central High School is looking for an enthusiastic coach for High School Boys and Girls (NSGF Class II and IV Boys and Girls, Penn Pro and Summer program). One male coach to fill all positions preferred. \$18,000 to \$24,000—includes teaching and is summer based. Send resume to: Winstate Central High School, 70 Neil Krupar, 8th and Grand Streets, Winstate Illinois 60021.

SPORTASTIKS**A FITNESS AND GYMNASTICS FRANCHISE FOR CHILDREN**

We will help you every step of the way with:

- Staff recruiting and complete training
- Site selection
- Lease negotiations
- Advertising/Marketing
- Ongoing support
- Pre-approved insurance
- Business plan developed

Owners need no experience, master coach provides expertise.

Investment: Min. \$100,000 for start up, \$35-\$45,000 for conversion of existing business. For complete information, call (217) 352-6269.

EVENT CALENDAR

JUNE

- 4-11 Br. Elite Nationals (M)
Ohio State
University of Iowa
Amherst Mass
Medford NJ
- 1-4 Elite East Qualifying
West (W)
1-4 Elite West Qualifying
West (W)
4-11 Jefferson Natl Olympic
Prequalifier
Trenton, Canada
20-22 First Continental
Championships (M)
International Classics
Bologna
22-23 FY Southern Cup (M)
International Classics
Bologna
22-24 U.S. Junior Nationals
(M)
22-24 Minnesota Cup (M/W)
22-24 24HR Training Camp —
Custer Qualifier (W)
24-26 Junior Olympic Try-
out Regionals (M)
TBA Canadian Classic (W)
Canada

JULY

- 1-3 Pioneer State Cup (M)
1-4 Jr Nat American Series
(M/W)
1-3 Olympic Coach/Judge
Workshop, MI
1-3 McDonald's U.S.
Gymnastics Olympic
(M/W)
14-17 Bayou Vll Area Congress
1st-3rd-4th-5th-6th
Compulsory Routines
Tampa
21-24 FF Elite Training Camp
(M)
24 Aug 1-2 FF Elite Training Camp
(M)
- Monaco
Florida State
Munich, MI
Houston TX
Tampa Beach, FL
Indianapolis IN
Munich, MI
Munich, MI

AUGUST

- 1-4 Class I Training Camp
(M)
1-7 JR International
Championship (M/W)
1-10 Class II Training Camp
(M)
8-11 Jefferson Natl Olympic
Prequalifier
10-11 N.S.P.O. East Camp
Jr Tryps Development
Camp
10-11 Jay's Men's Olympic Team
Camp (M)
10-11 Jay's Men's Olympic Team
Camp (M)
10-11 Class III Training Camp
(M)
10-11 Jay's U.S. National Team Camp
- Munich, MI
Cuba
Munich, MI
Charlotte, NC
Orlando Springs, FL
Orlando Springs, FL
Indianapolis IN
California
Munich, MI
Orlando Springs, FL

SEPTEMBER

- 11-13 FF Congress
17-21 1st-3rd-4th-5th-6th-7th-8th-9th-10th-11th-12th-13th-14th-15th-16th-17th-18th-19th-20th-21st-22nd-23rd-24th-25th-26th-27th-28th-29th-30th-31st-32nd-33rd-34th-35th-36th-37th-38th-39th-40th-41st-42nd-43rd-44th-45th-46th-47th-48th-49th-50th-51st-52nd-53rd-54th-55th-56th-57th-58th-59th-60th-61st-62nd-63rd-64th-65th-66th-67th-68th-69th-70th-71st-72nd-73rd-74th-75th-76th-77th-78th-79th-80th-81st-82nd-83rd-84th-85th-86th-87th-88th-89th-90th-91st-92nd-93rd-94th-95th-96th-97th-98th-99th-100th-101st-102nd-103rd-104th-105th-106th-107th-108th-109th-110th-111th-112th-113th-114th-115th-116th-117th-118th-119th-120th-121st-122nd-123rd-124th-125th-126th-127th-128th-129th-130th-131st-132nd-133rd-134th-135th-136th-137th-138th-139th-140th-141st-142nd-143rd-144th-145th-146th-147th-148th-149th-150th-151st-152nd-153rd-154th-155th-156th-157th-158th-159th-160th-161st-162nd-163rd-164th-165th-166th-167th-168th-169th-170th-171st-172nd-173rd-174th-175th-176th-177th-178th-179th-180th-181st-182nd-183rd-184th-185th-186th-187th-188th-189th-190th-191st-192nd-193rd-194th-195th-196th-197th-198th-199th-200th-201st-202nd-203rd-204th-205th-206th-207th-208th-209th-210th-211st-212nd-213th-214th-215th-216th-217th-218th-219th-220th-221st-222nd-223rd-224th-225th-226th-227th-228th-229th-230th-231st-232nd-233rd-234th-235th-236th-237th-238th-239th-240th-241st-242nd-243rd-244th-245th-246th-247th-248th-249th-250th-251st-252nd-253rd-254th-255th-256th-257th-258th-259th-260th-261st-262nd-263rd-264th-265th-266th-267th-268th-269th-270th-271st-272nd-273rd-274th-275th-276th-277th-278th-279th-280th-281st-282nd-283rd-284th-285th-286th-287th-288th-289th-290th-291st-292nd-293rd-294th-295th-296th-297th-298th-299th-300th-301st-302nd-303rd-304th-305th-306th-307th-308th-309th-310th-311st-312nd-313th-314th-315th-316th-317th-318th-319th-320th-321st-322nd-323rd-324th-325th-326th-327th-328th-329th-330th-331st-332nd-333rd-334th-335th-336th-337th-338th-339th-340th-341st-342nd-343rd-344th-345th-346th-347th-348th-349th-350th-351st-352nd-353rd-354th-355th-356th-357th-358th-359th-360th-361st-362nd-363rd-364th-365th-366th-367th-368th-369th-370th-371st-372nd-373rd-374th-375th-376th-377th-378th-379th-380th-381st-382nd-383rd-384th-385th-386th-387th-388th-389th-390th-391st-392nd-393rd-394th-395th-396th-397th-398th-399th-400th-401st-402nd-403rd-404th-405th-406th-407th-408th-409th-410th-411st-412nd-413th-414th-415th-416th-417th-418th-419th-420th-421st-422nd-423rd-424th-425th-426th-427th-428th-429th-430th-431st-432nd-433rd-434th-435th-436th-437th-438th-439th-440th-441st-442nd-443rd-444th-445th-446th-447th-448th-449th-450th-451st-452nd-453rd-454th-455th-456th-457th-458th-459th-460th-461st-462nd-463rd-464th-465th-466th-467th-468th-469th-470th-471st-472nd-473rd-474th-475th-476th-477th-478th-479th-480th-481st-482nd-483rd-484th-485th-486th-487th-488th-489th-490th-491st-492nd-493rd-494th-495th-496th-497th-498th-499th-500th-501st-502nd-503rd-504th-505th-506th-507th-508th-509th-510th-511st-512nd-513th-514th-515th-516th-517th-518th-519th-520th-521st-522nd-523rd-524th-525th-526th-527th-528th-529th-530th-531st-532nd-533rd-534th-535th-536th-537th-538th-539th-540th-541st-542nd-543rd-544th-545th-546th-547th-548th-549th-550th-551st-552nd-553rd-554th-555th-556th-557th-558th-559th-560th-561st-562nd-563rd-564th-565th-566th-567th-568th-569th-570th-571st-572nd-573rd-574th-575th-576th-577th-578th-579th-580th-581st-582nd-583rd-584th-585th-586th-587th-588th-589th-590th-591st-592nd-593rd-594th-595th-596th-597th-598th-599th-600th-601st-602nd-603rd-604th-605th-606th-607th-608th-609th-610th-611st-612nd-613th-614th-615th-616th-617th-618th-619th-620th-621st-622nd-623rd-624th-625th-626th-627th-628th-629th-630th-631st-632nd-633rd-634th-635th-636th-637th-638th-639th-640th-641st-642nd-643rd-644th-645th-646th-647th-648th-649th-650th-651st-652nd-653rd-654th-655th-656th-657th-658th-659th-660th-661st-662nd-663rd-664th-665th-666th-667th-668th-669th-670th-671st-672nd-673rd-674th-675th-676th-677th-678th-679th-680th-681st-682nd-683rd-684th-685th-686th-687th-688th-689th-690th-691st-692nd-693rd-694th-695th-696th-697th-698th-699th-700th-701st-702nd-703rd-704th-705th-706th-707th-708th-709th-710th-711st-712nd-713th-714th-715th-716th-717th-718th-719th-720th-721st-722nd-723rd-724th-725th-726th-727th-728th-729th-730th-731st-732nd-733rd-734th-735th-736th-737th-738th-739th-740th-741st-742nd-743rd-744th-745th-746th-747th-748th-749th-750th-751st-752nd-753rd-754th-755th-756th-757th-758th-759th-760th-761st-762nd-763rd-764th-765th-766th-767th-768th-769th-770th-771st-772nd-773rd-774th-775th-776th-777th-778th-779th-780th-781st-782nd-783rd-784th-785th-786th-787th-788th-789th-790th-791st-792nd-793rd-794th-795th-796th-797th-798th-799th-800th-801st-802nd-803rd-804th-805th-806th-807th-808th-809th-810th-811st-812nd-813th-814th-815th-816th-817th-818th-819th-820th-821st-822nd-823rd-824th-825th-826th-827th-828th-829th-830th-831st-832nd-833rd-834th-835th-836th-837th-838th-839th-840th-841st-842nd-843rd-844th-845th-846th-847th-848th-849th-850th-851st-852nd-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